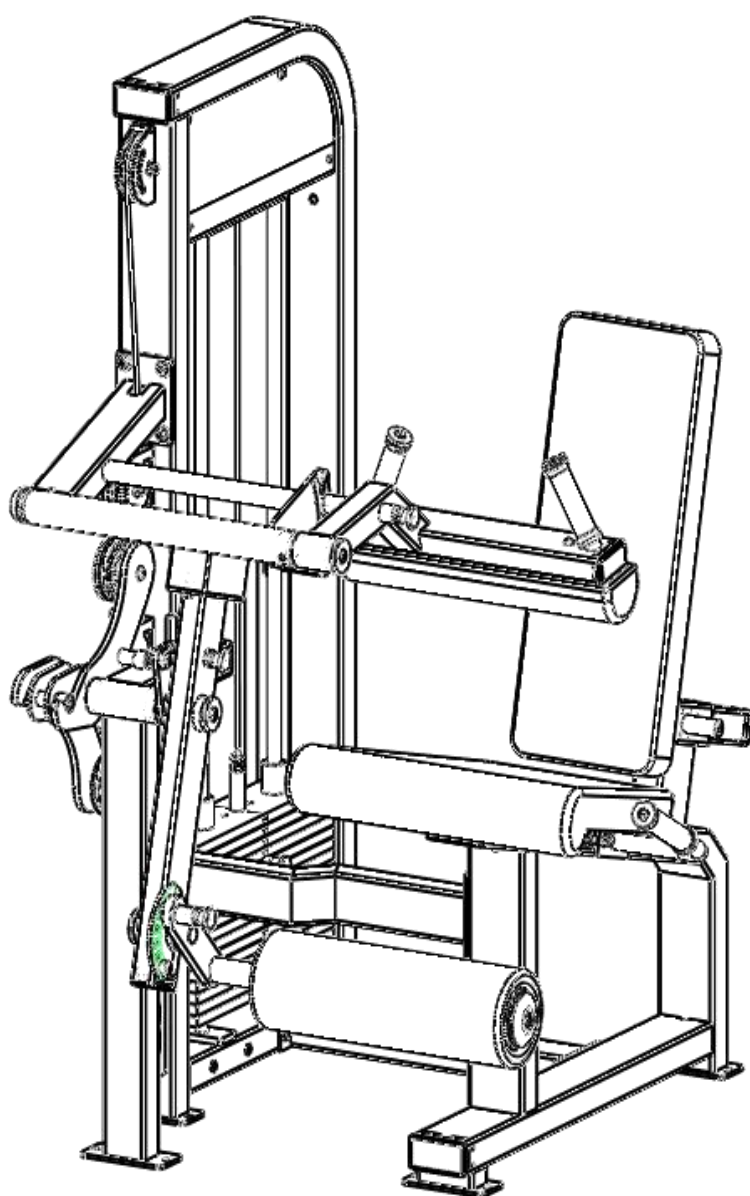
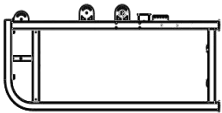
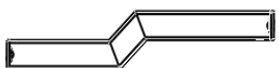
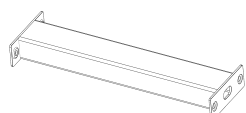
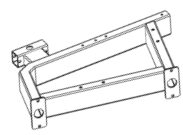
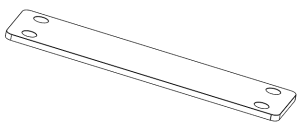
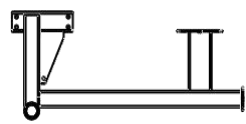
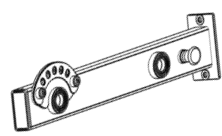
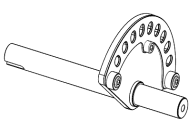
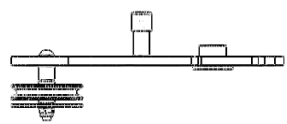
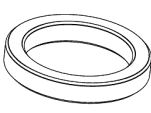
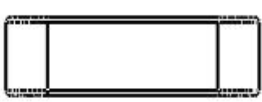
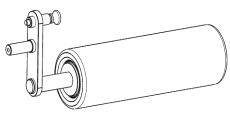
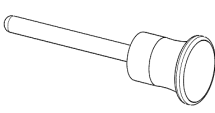
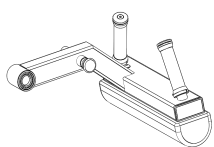


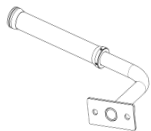
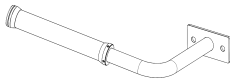
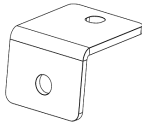
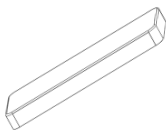
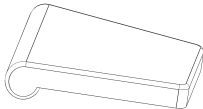
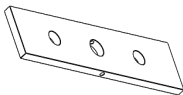
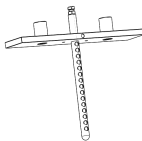
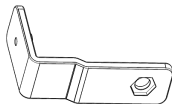
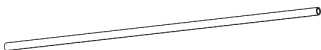
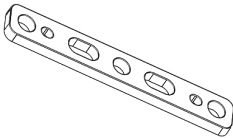
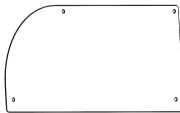
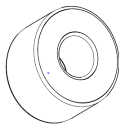
G-5055-1 Leg Curl & Extension

Assembly Instructions

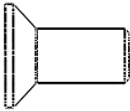
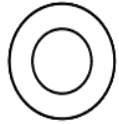
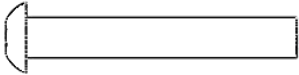
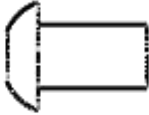
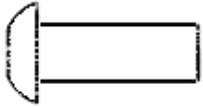
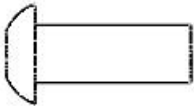
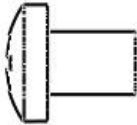
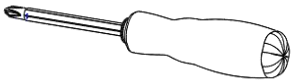
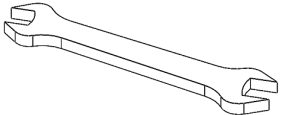


Accessories list (separately packaged)

					
No.1	G-5055-1-01-H Small door welding set *1pc	No.2	G-5055-1000 connection welding set *1pc	No.3	G-5055-05 Lower connection welding set *1pc
					
No.4	G-5055-09-A Large frame welding set *1pc	No.5	G-5058-2007-B Locking plate *1pc	No.6	G-5055-07-B Bracket welding assembly *1pc
					
No.7	G-5055-1-02-E Bracket welding assembly *1pc	No.8	8131-3002 Aluminum alloy end cap *4pcs	No.9	G-5058-08 boom welding assembly *1pc
					
No.10	G-5055-1-07 Large shaft welding assembly *1pc	No.11	G-5055-1-04 pulley guide welding assembly *1pc	No.12	G-5055-1-05 Steering pulley welding assembly *1pc
					
No.13	G-5055-1-06-A pulley guide welding assembly *1pc	No.14	50-0608 Thin counterweight spacer sleeve *2pcs	No.15	8X25 ordinary flat key *1pc
					
No.16	G-5058-09 Foam rod welding set *1pc	No.17	41# new pull pin *1pc	No.18	G-5055-1-03 Leg press welding set *1pc

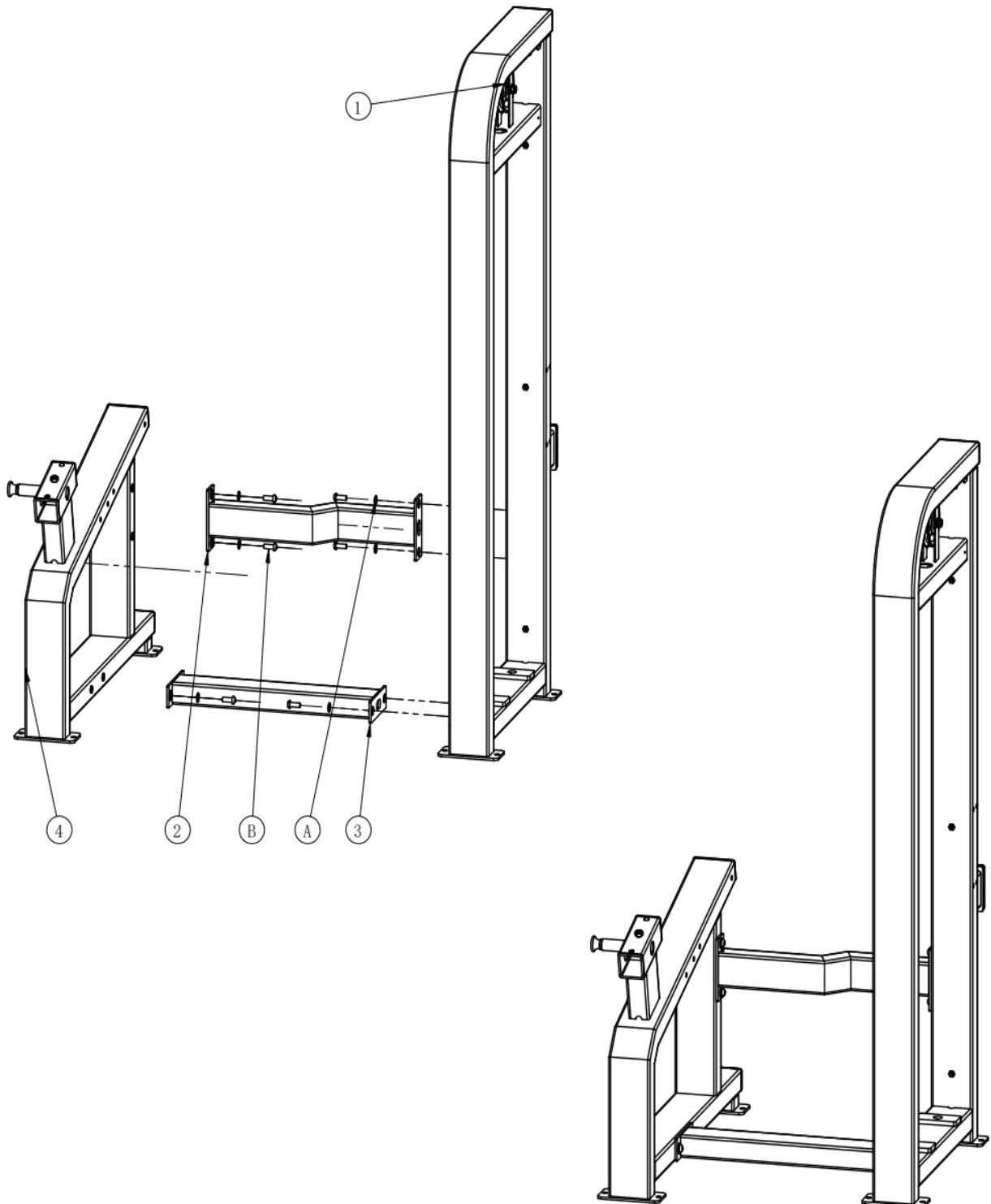
					
No.19	G-5002-06 Handle welding assembly right *1pc	No.20	G-5002-07 Handle welding assembly left *1pc	No.21	G-5002-2002 Seat mounting plate *4pcs
					
No.22	G-5002-2001 Large backrest *1pc	No.23	G-5055-10 Backrest welding assembly *1pc	No.24	G-5058-2001 Seat cushion *1pc
					
No.25	80KG weight stack assembly set (15pcs) *1pc	No.26	60-1002 Long counterweight head assembly *1pc	No.27	G-5000-6001 small mounting base *4pcs
					
No.28	G-5056-2003 guide rod *2pcs	No.29	Q1006-6012 Optical axis fixing plate *1pc	No.30	Wire rope assembly (G-5055-1-0800) *1pc
					
No.31	G-5020-2002 Small door guard *1pc	No.32	G-5020-2003 label plate *2pcs	No.33	06-MX60-0611 counterweight rubber column *2pcs

Blister screw list

					
A	Φ10 flat washers *32pcs	B	Flat head screws M10X25 *15pcs	C	M10 lock nut *9pcs
					
D	Hexagon socket head screws (half-thread galvanized) M10X125 *8pcs	E	M10X25 hexagon socket countersunk screws *4pcs	F	Φ8 flat washers *4pcs
					
G	Round head screw M8X60 *4pcs	H	Flat head screws M10X20 *5pcs	K	Round head screw M8X25 *4pcs
					
M	Flat head screw M10X30 *2pcs	S	Cross recessed pan head screws M5X8 *12pcs	M	Phillips screwdriver *1pc
					
N	4mm hexagon wrench *1pc	O	6mm hexagon wrench *1pc	P	17-14 Wrench *1pc

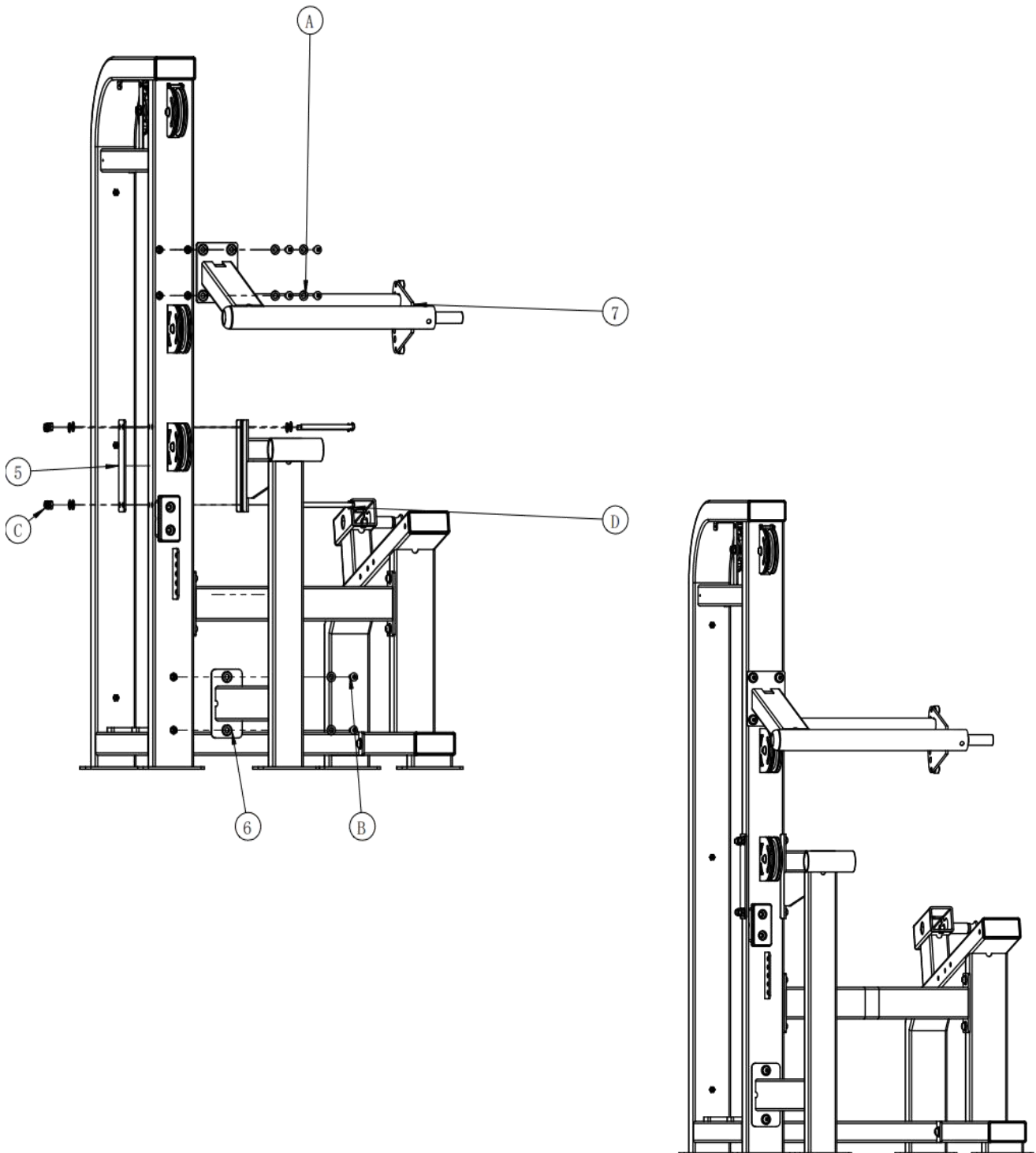
Assembly steps

Step	Item NO	Name	Qty
1	1	G-5055-1-01-H Small door welding group	1
	2	G-5055-1000 connection welding group	1
	3	G-5055-05 Lower connection welding group	1
	4	G-5055-09-A Large frame welding group	1
	A	Φ10 flat washer	8
	B	Flat head screw M10X25	8



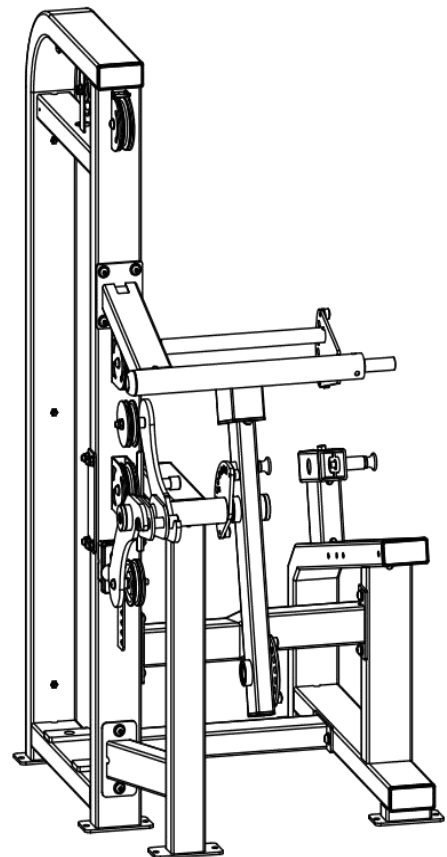
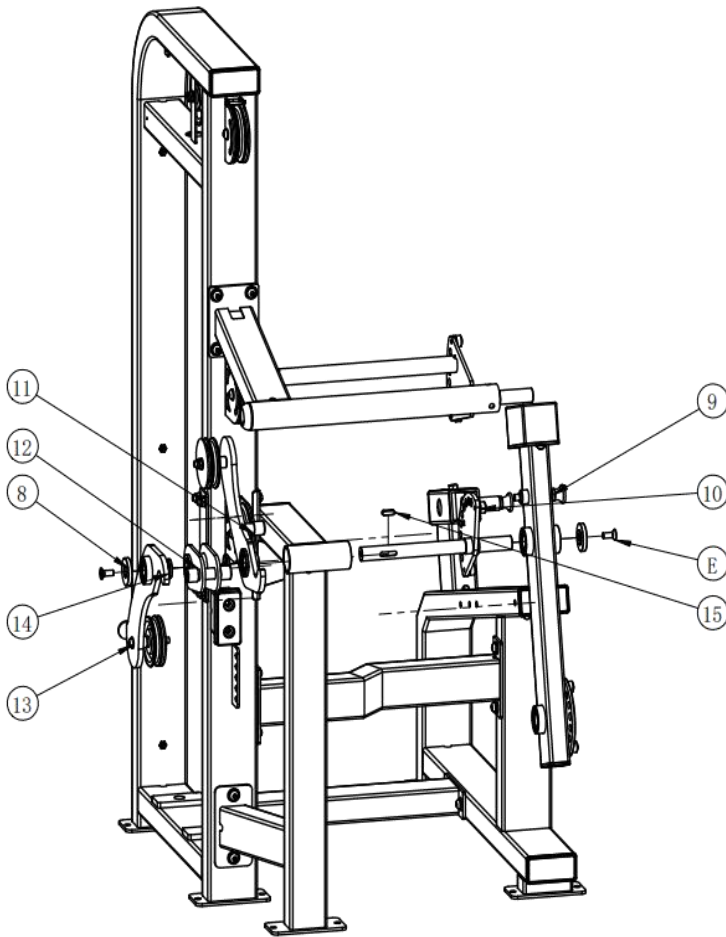
Assembly steps

Step	Item NO	Name	Qty
2	5	G-5058-2007-B Locking plate	1
	6	G-5055-07-B Bracket welding group	1
	7	G-5055-1-02-E Bracket welding assembly	1
	A	Φ10 flat washer	14
	B	Flat head screw M10X25	6
	C	M10 lock nut	4
	D	Hexagon socket head screw (half-thread galvanized) M10X125	4



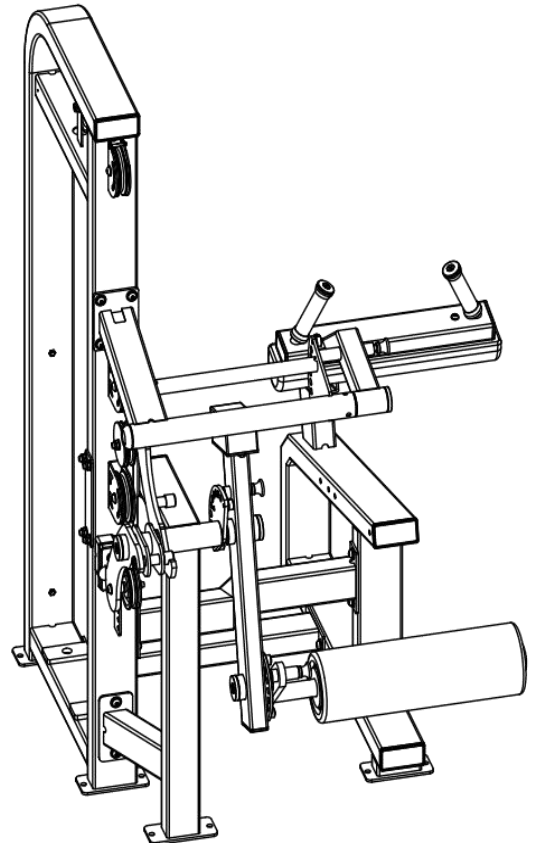
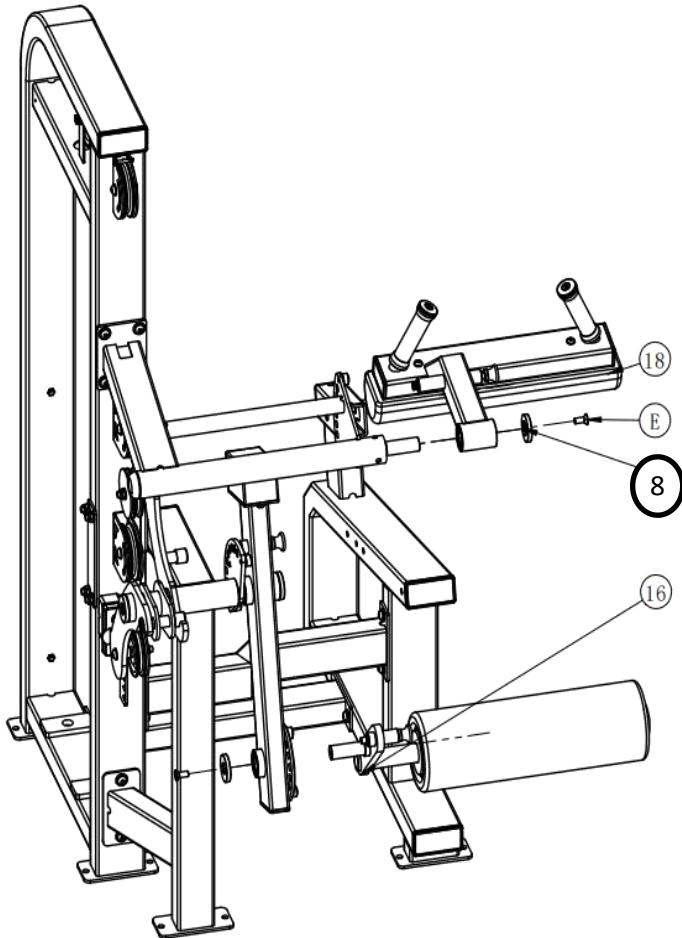
Assembly steps

Step	Item NO	Name	Qty
3	8	8131-3002 aluminum alloy end cap	2
	9	G-5058-08 boom welding group	1
	10	G-5055-1-07 shaft welding group	1
	11	G-5055-1-04 pulley guide welding group	1
	12	G-5055-1-05 Steering pulley welding assembly	1
	13	G-5055-1-06-A pulley guide welding group	1
	14	50-0608 Thin Counterweight Spacer	2
	15	8X25 ordinary flat key	1
	E	M10X25 hexagon socket countersunk screw	2



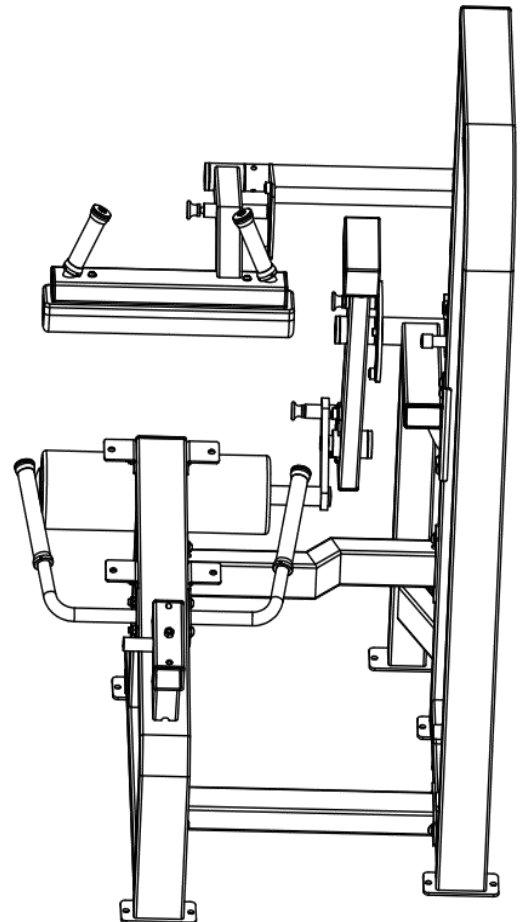
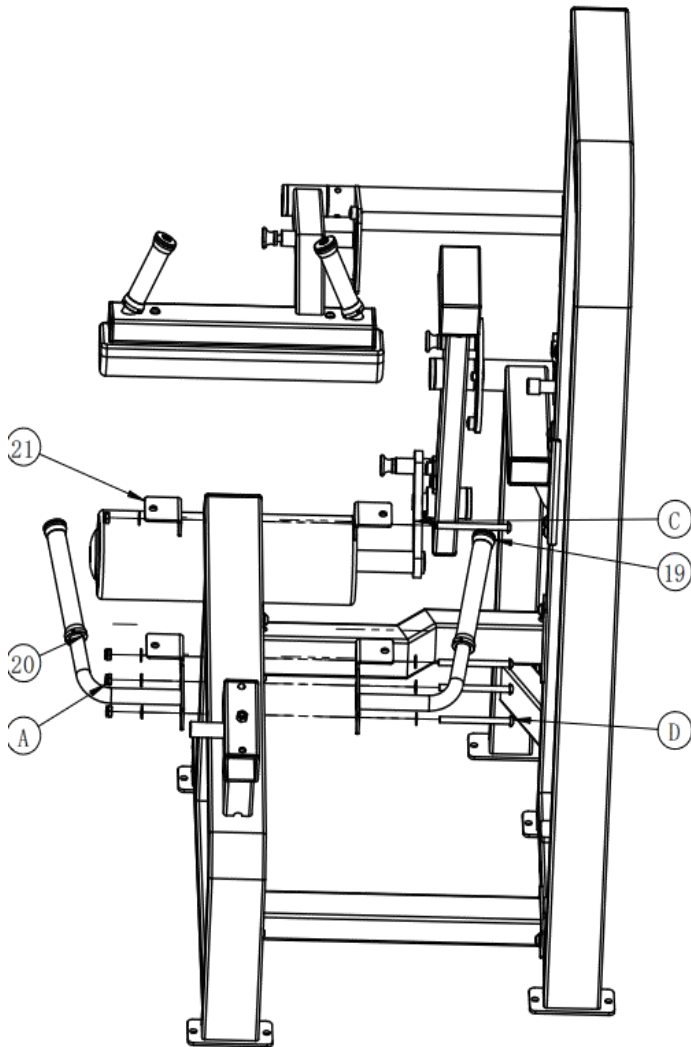
Assembly steps

Step	Item NO	Name	Qty
4	16	G-5058-09 Foam rod welding group	1
	8	8131-3002 aluminum alloy end cap	2
	18	G-5055-1-03 Leg Press Welding Group	1
	E	M10X25 hexagon socket countersunk screw	2



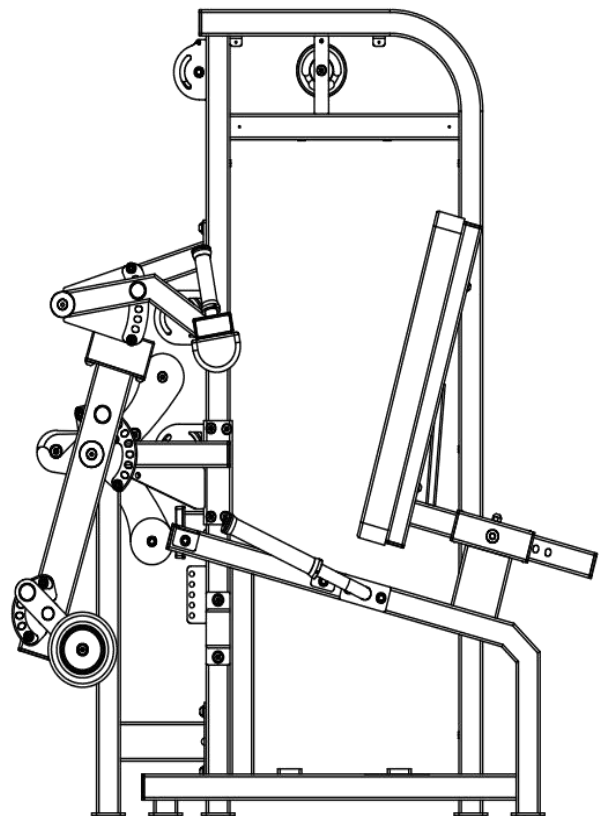
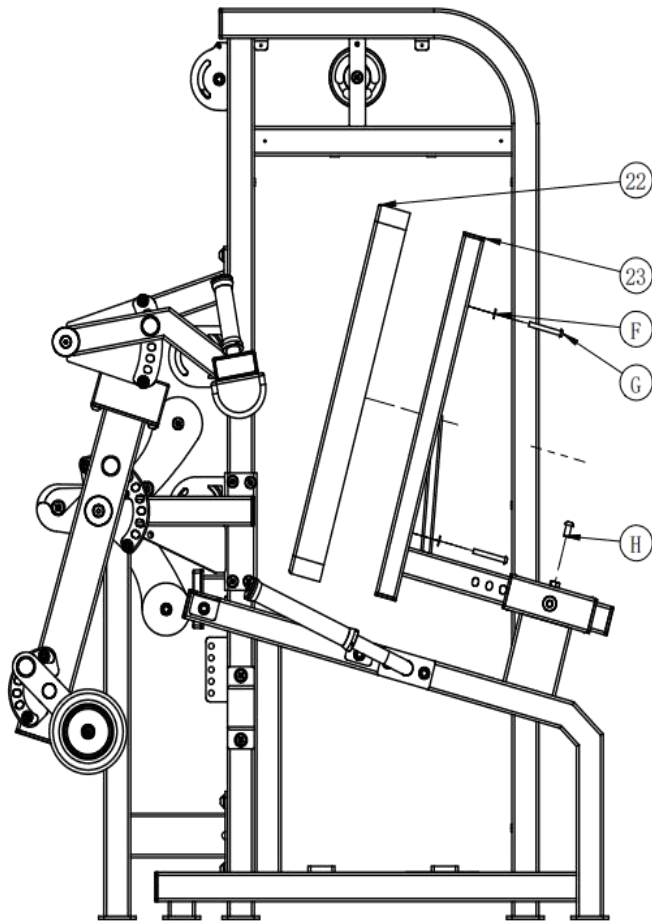
Assembly steps

Step	Item NO	Name	Qty
5	19	G-5002-06 Handle welding assembly right	1
	20	G-5002-07 Handle welding assembly left	1
	21	G-5002-2002 Seat mounting plate	4
	A	Φ10 flat washer	8
	C	M10 lock nut	4
	D	Hexagon socket head screw (half-thread galvanized) M10X125	4



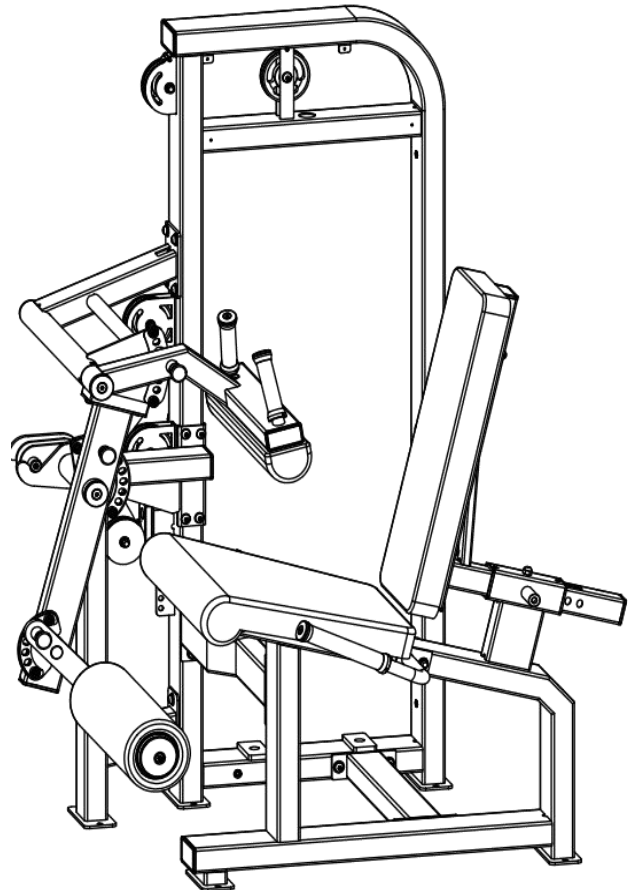
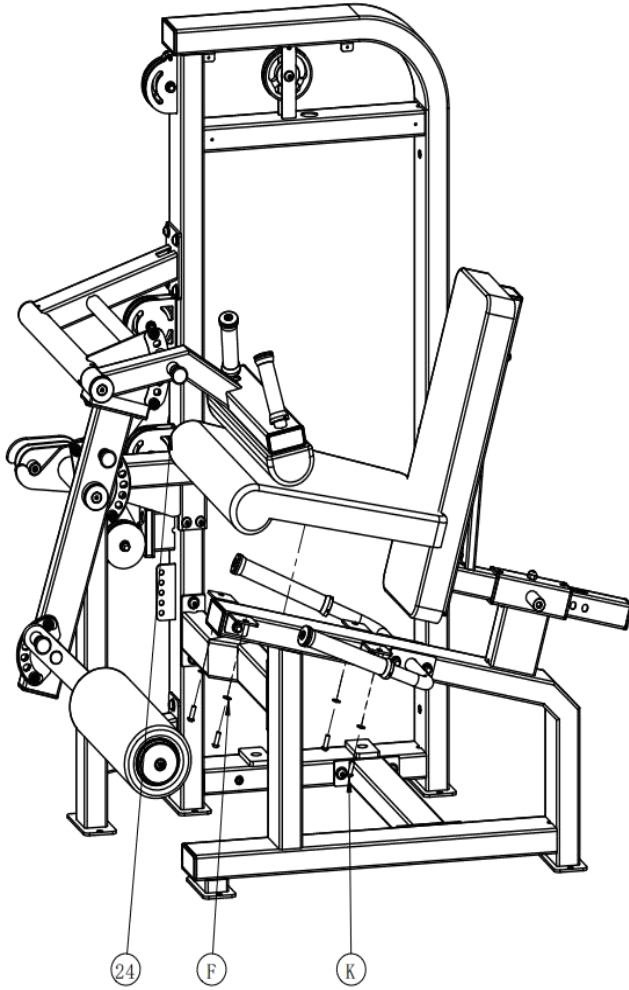
Assembly steps

Step	Item NO	Name	Qty
6	22	G-5002-2001 Large Backrest	1
	23	G-5055-10 Backrest welding group	1
	F	Φ8 flat washer	4
	G	Round head screw M8X60	4
	H	Flat head screw M10X20	1



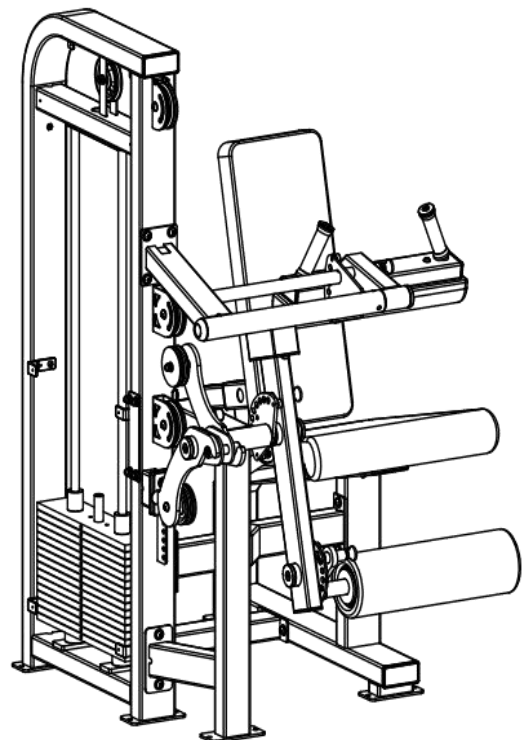
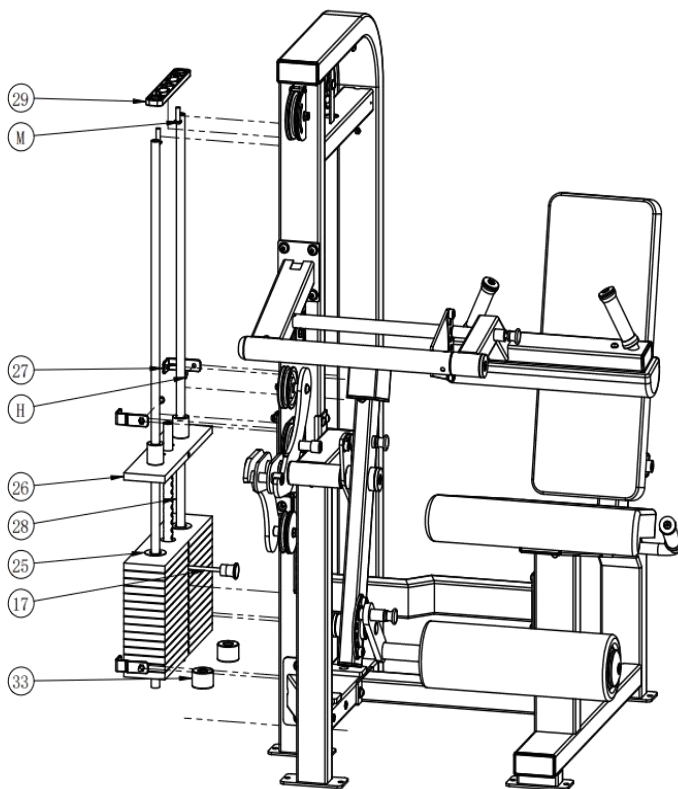
Assembly steps

Step	Item NO	Name	Qty
7	24	G-5058-2001 Seat Cushion	1
	K	Round head screw M8X25	4
	F	Φ8 flat washer	4



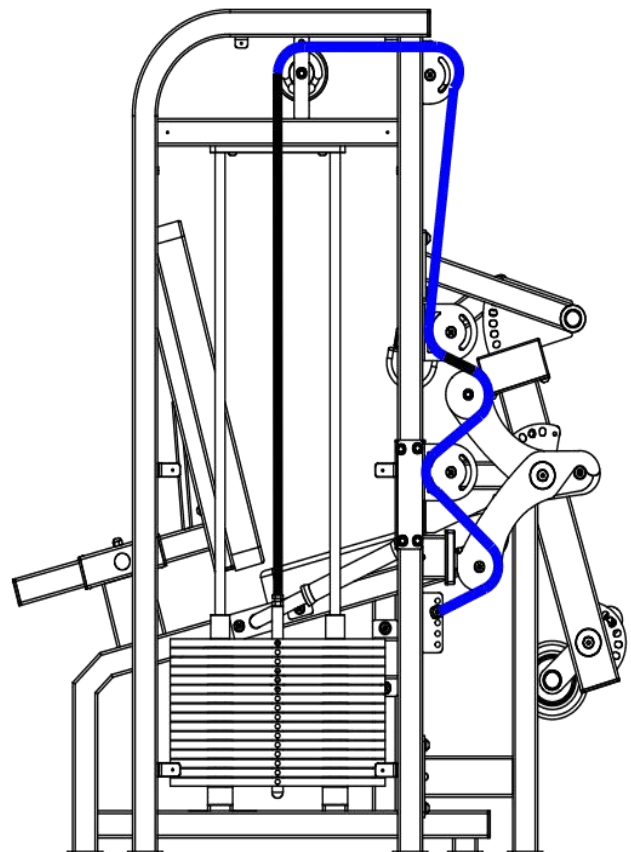
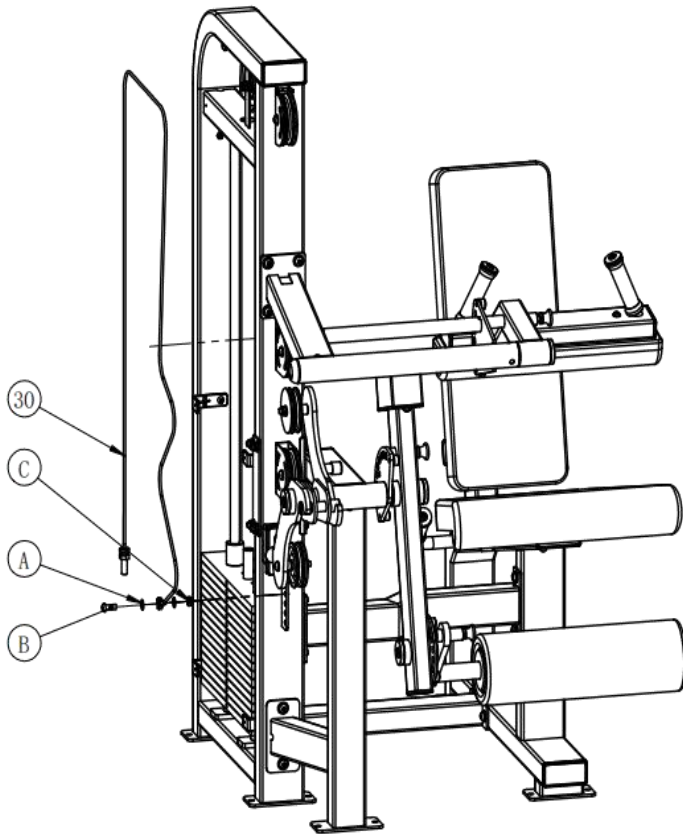
Assembly steps

Step	Item NO	Name	Qty
8	25	80KG weight stack assembly set (long head)	1
	26	Weight plate header	1
	27	G-5000-6001 Small Mount	4
	28	G-5056-2003 Guide Rod	2
	29	Q1006-6012 Optical axis fixing plate	1
	17	41# new pull pin	1
	33	06-MX60-0611 counterweight rubber column	2
	H	Round head screw M8X20	4
	M	Flat head screw M10X30	2



Assembly steps

Step	Item NO	Name	Qty
9	30	Wire rope components	1
	A	Φ10 flat washer	2
	B	Flat head screw M10X25	1
	C	M10 lock nut	1



Assembly steps

Step	Item NO	Name	Qty
10	31	G-5020-2002 Small door guard	1
	32	G-5020-2003 Label Plate	2
	S	Cross recessed pan head screw M5X8	12

