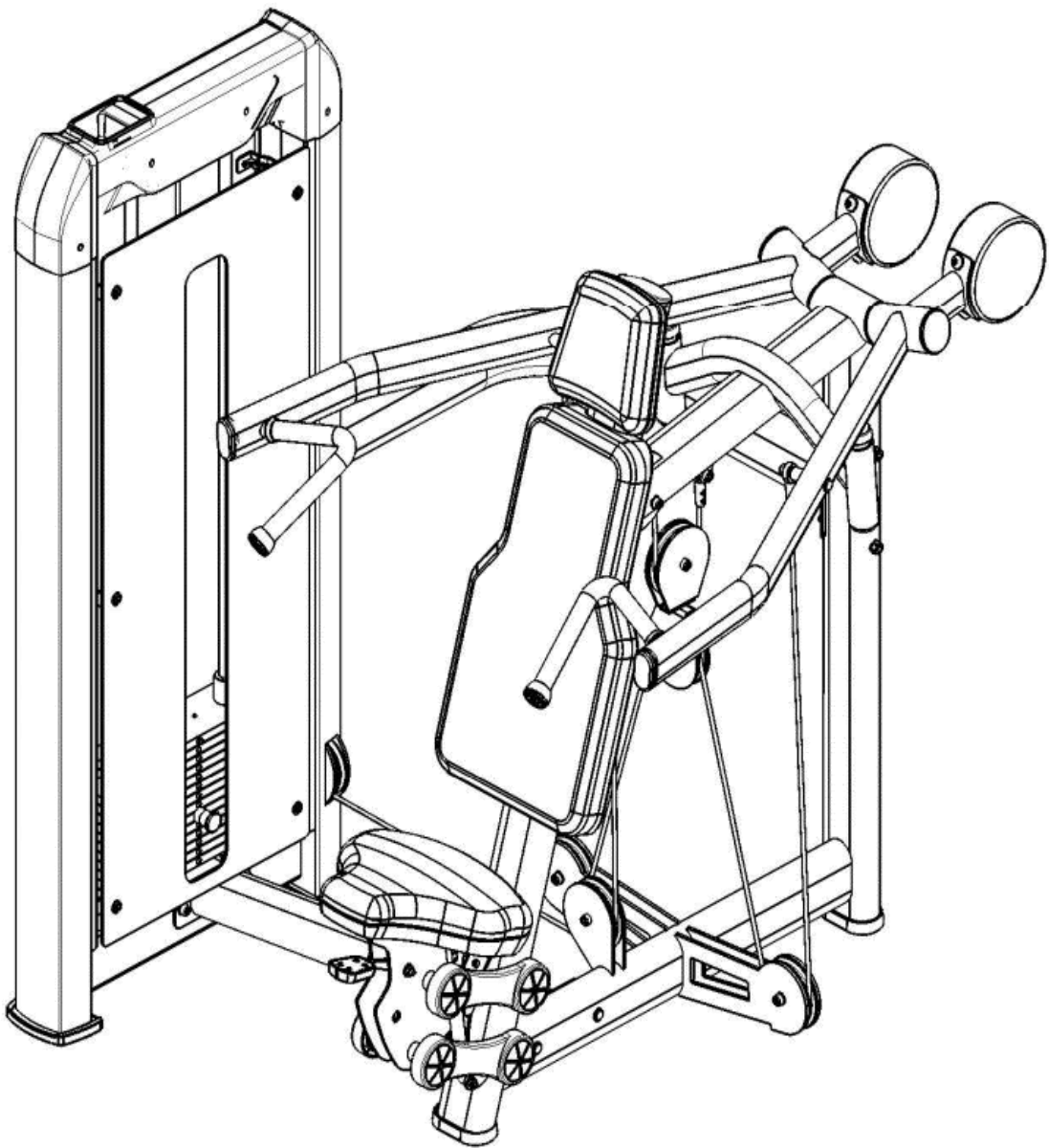


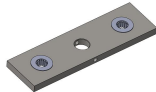
N8012 Shoulder Press

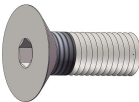
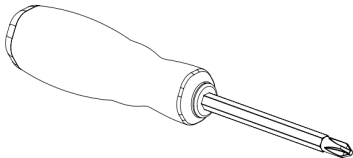
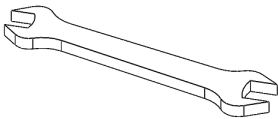
Assembly Instructions



Accessories list (separate packaging)

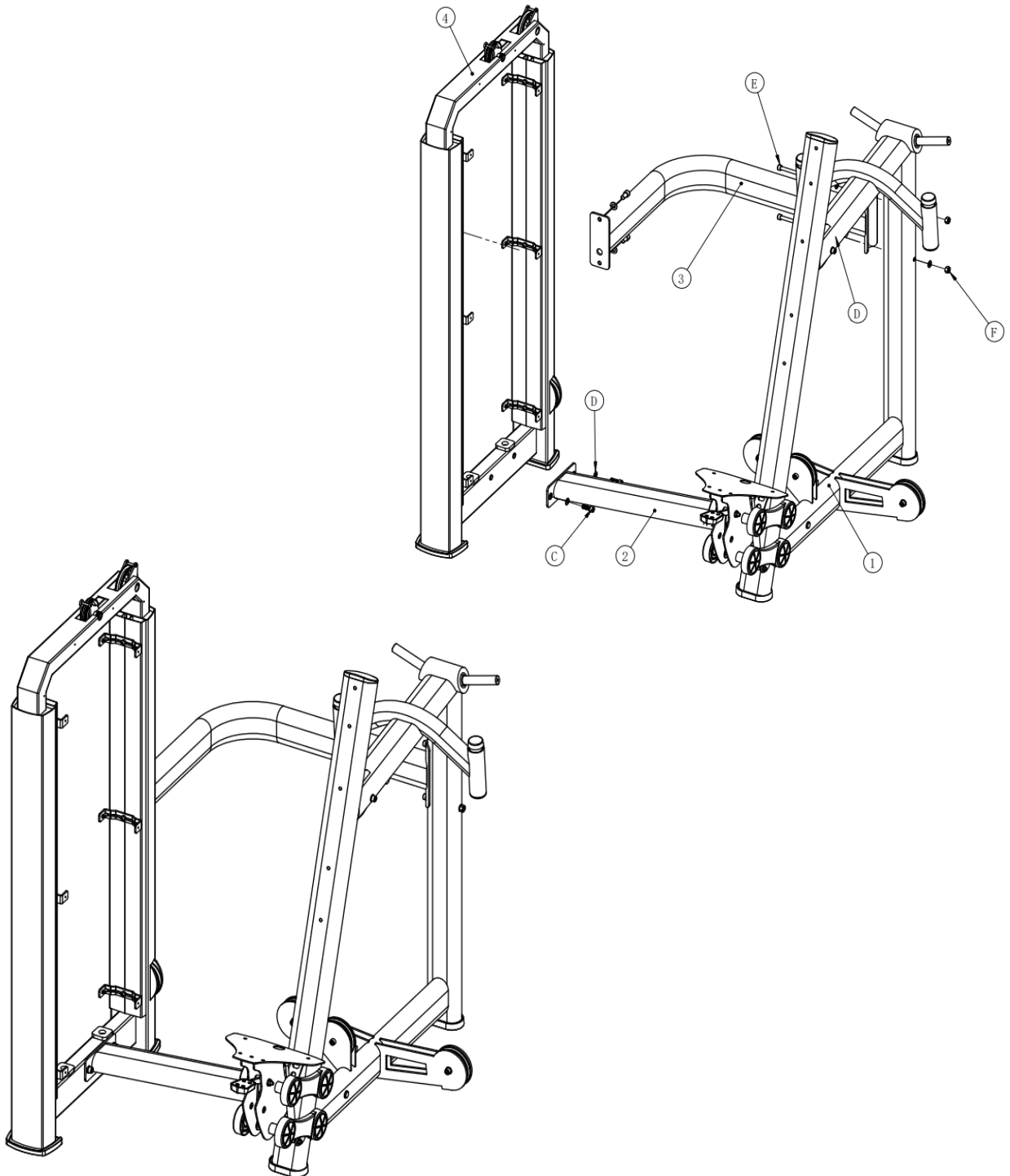
					
No.1	8012-0100-B Main frame *1pc	No.2	8012-0500-A Door bottom connection assembly *1pc	No.3	8012-0400-A Connecting door assembly *1pc
					
No.4	N8012-01-Z *1pc	No.5	8012-0200-A Left boom *1pc	No.6	70 pipe plug *2pcs
					
No.7	Mirror 8012-0200-A left boom *1pc	No.8	8012-0600 Pulley assembly *1pc	No.9	Wire rope 2 components *1pc
					
No.10	Wire rope 1 assembly *1pc	No.11	8 series head pad set *1pc	No.12	8 series back cushion set *1pc
					
No.13	4012-0007 *1pc	No.14	G-5000-6011 Optical axis fixing plate new *1pc	No.15	N8002-0003 Water bottle holder *1pc
					
No.16	N8002-0001 Front shell *1pc	No.17	N8002-0002 Back cover *1pc	No.18	091 guide rod limit sleeve *2pcs

					
No.19	N8002-0104 Stainless steel guide rod *2pcs	No.20	41# new pull pin *1pc	No.21	Short counterweight head piece set *1pc
					
No.22	06-MX60-0611 weight rubber column *2pcs	No.23	Long weight stack *12pcs	No.24	Short weight set *1pc
					
No.25	N8002-0005 Acrylic front guard *1pc	No.26	N8002-0006 Acrylic back guard *1pc	No.27	GA-44-0005 Aluminum spacer *12pcs
Blister Pack Screws List					
					
A	Φ12X2.0t-C1 gasket *4pcs	B	M12X20L-N1 Hexagon socket head screw *4pcs	C	Hexagon socket head screw (galvanized) M10X30 *4pcs
					
D	Flat washer (galvanized) Φ10 *7pcs	E	M10X130L-N1 Hexagon socket head screw *2pcs	F	M10X9t-S1 locking nut *3pcs
					
G	M10X16L-N2 Hexagon socket head screw *2pcs	H	∅ 30X∅ 10.5X2.0t-C2 Large gasket *2pcs	J	M10X40L-N1 Hexagon socket head screw *1pc

					
K	M8X25L-N2 Hexagon socket head screw *4pcs	L	Φ8 X 1.0t-C1 gasket *8pcs	M	M8X80L-N1 Hexagon socket head screw *4pcs
					
N	Hexagon socket head screw (galvanized) M10X30 *2pcs	O	M4X8L-A1 Cross disk round head bolt *8pcs	P	M8X8 top screw *4pcs
					
Q	M8X20L-J1 set screw *4pcs	R	Hexagon socket countersunk head M5X16 *12pcs	S	Phillips screwdriver
					
T	4mm hexagon wrench	U	5mm hexagon wrench	V	6mm hexagon wrench
					
W	17-14 wrench				

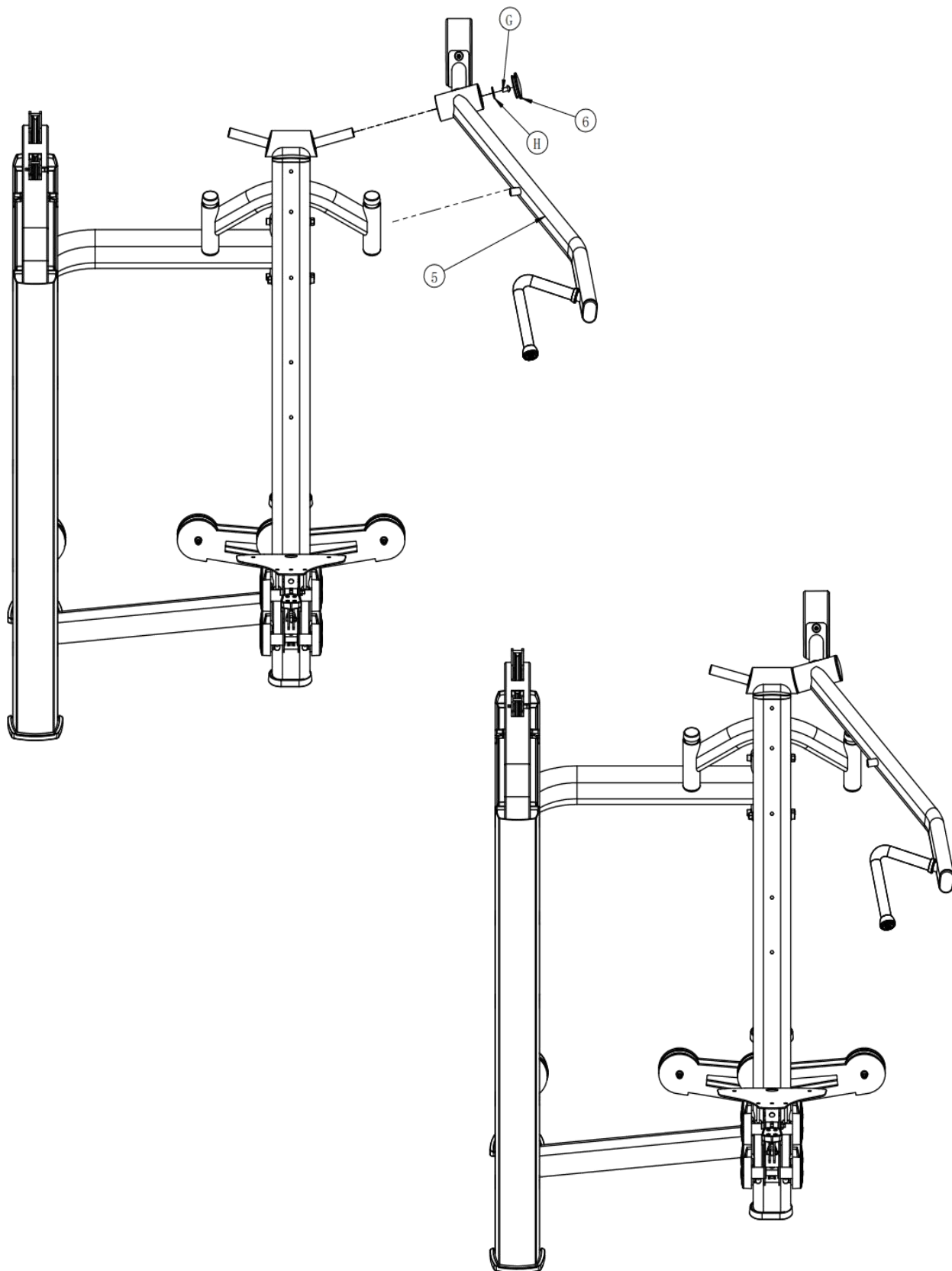
Assembly steps

Step	Item NO	Name	Qty
1	1	8012-0100-B Main frame	1
	2	8012-0500-A Door bottom connection assembly	1
	3	8012-0400-A Connecting door assembly	1
	4	N8012-01-Z	1
	A	Φ12X2.0t-C1 gasket	4
	B	M12X20L-N1 Hexagon socket head screw	4
	C	Hexagon socket head screw (galvanized) M10X30	2
	D	Flat washer (galvanized) Φ10	6
	E	M10X130L-N1 Hexagon socket head screw	2
	F	M10X9t-S1 Lock Nut	2



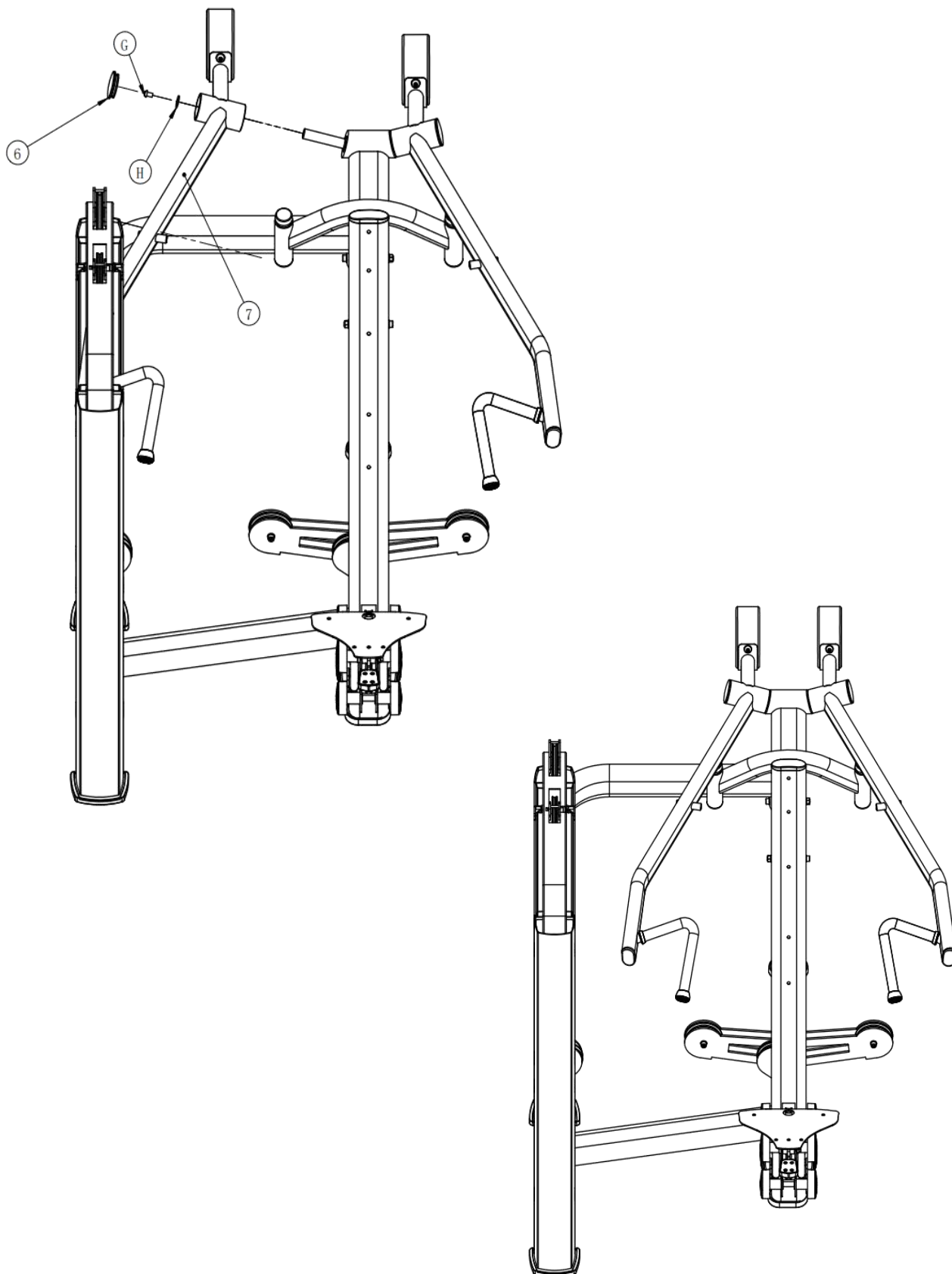
Assembly steps

Step	Item NO	Name	Qty
2	5	8012-0200-A Left boom	1
	6	70 pipe plugging	1
	G	M10X16L-N2 Hexagon socket head screw	1
	H	∅ 30X∅ 10.5X2.0t-C2 Large gasket	1



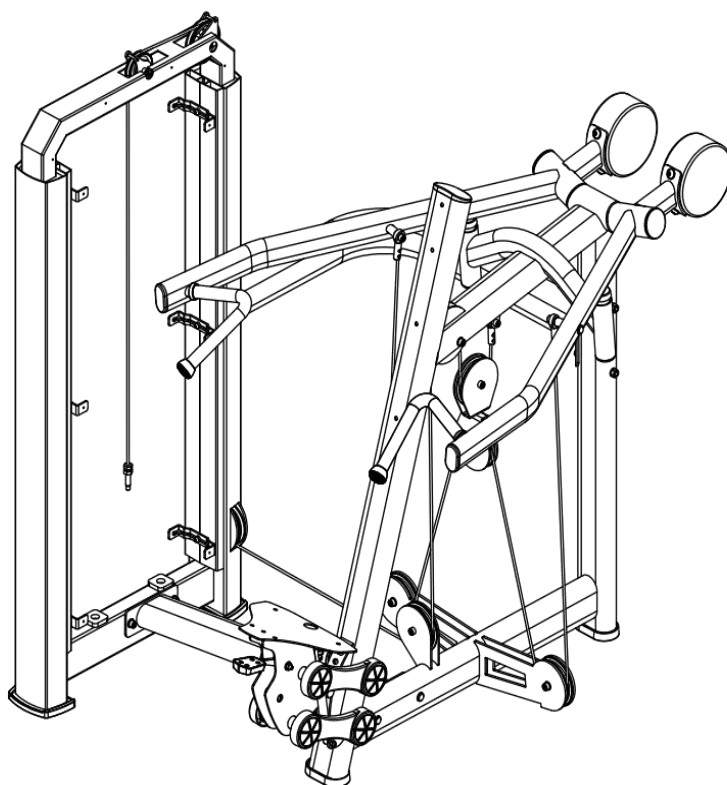
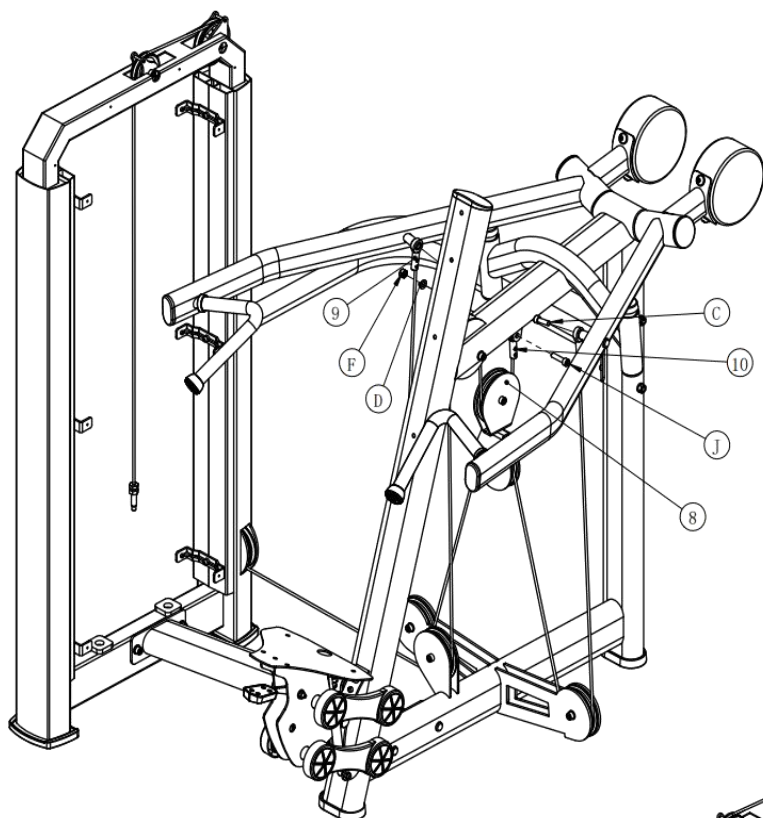
Assembly steps

Step	Item NO	Name	Qty
3	6	70 pipe plugging	1
	7	Mirror 8012-0200-A left boom	1
	G	M10X16L-N2 Hexagon socket head screw	1
	H	∅ 30X∅ 10.5X2.0t-C2 Large gasket	1



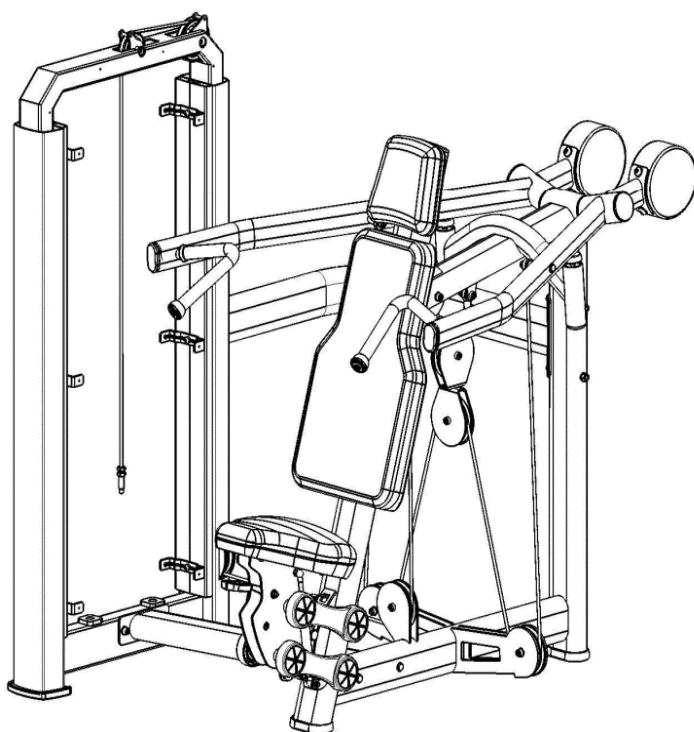
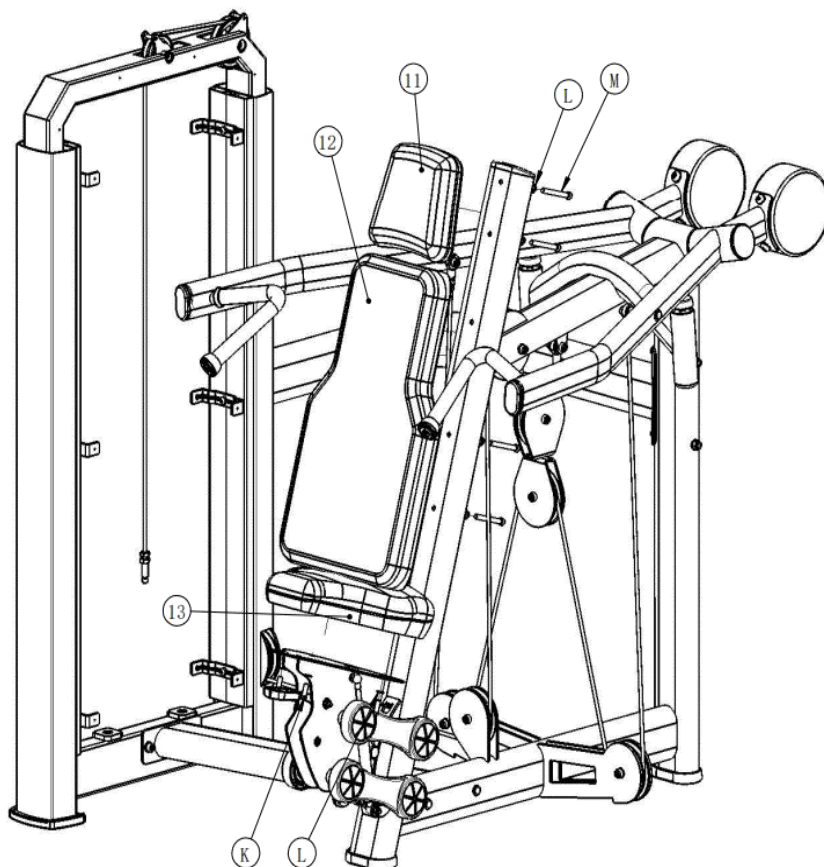
Assembly steps

Step	Item NO	Name	Qty
4	8	8012-0600 Pulley Assembly	1
	9	Wire rope 2 components	1
	10	Wire rope 1 assembly	1
	C	M10X30L-N1 Hexagon socket head screw	2
	J	M10X40L-N1 Hexagon socket head screw	1
	F	M10X9t-S1 Lock Nut	1
	D	Φ10X2.0t-C1 gasket	1



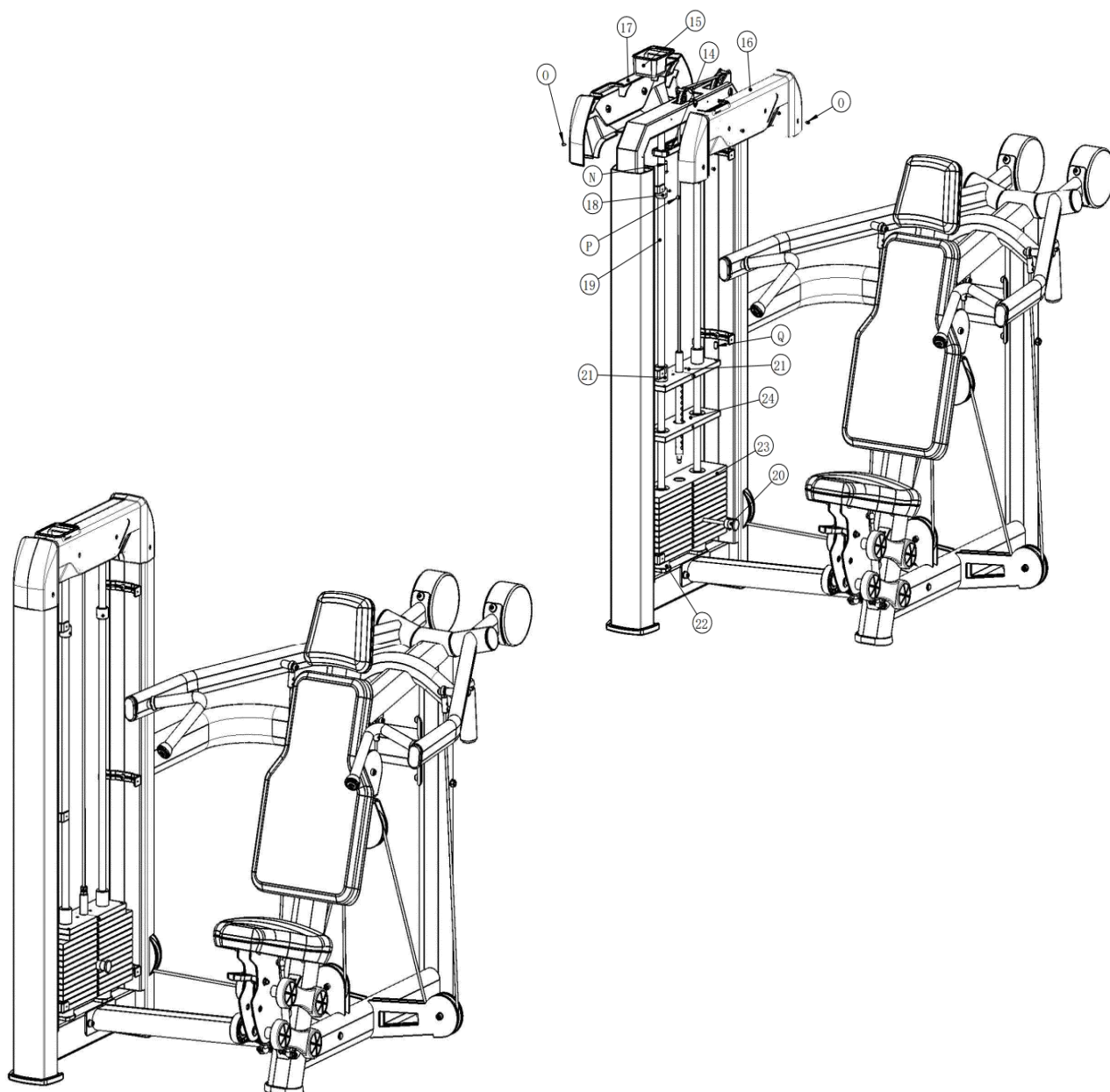
Assembly steps

Step	Item NO	Name	Qty
5	11	8 series head pad set	1
	12	8 series back cushion set	1
	13	4012-0007	1
	L	Φ8 X 1.0t-C1 gasket	8
	M	M8X80L-N1 Hexagon socket head screw	4
	K	M8X25L-N2 Hexagon socket head screw	4



Assembly steps

Step	Item NO	Name	Qty
6	14	G-5000-6011 Optical axis fixing plate New	1
	15	N8002-0003 Water bottle holder	1
	16	N8002-0001 front shell	1
	17	N8002-0002 Back cover	1
	18	091 guide rod limit sleeve	2
	19	N8002-0104 Stainless steel guide rod	2
	20	41# New Pull Pin	1
	21	Short counterweight head set	1
	22	06-MX60-0611 Weighted rubber column	2
	23	Long weight stack	12
	24	Short weight stack	1
	N	Hexagon socket head screw (galvanized) M10X30	2
	O	M4X8L-A1 Cross disk round head bolt	8
	P	M8X8 top screw	4
	Q	M8X20L-J1 set screw	4



Assembly steps

Step	Item NO	Name	Qty
7	25	N8002-0005 Acrylic front guard	1
	26	N8002-0006 Acrylic back guard	1
	27	GA-44-0005 Aluminum Spacer	12
	R	Hexagon socket countersunk head M5X16	12

