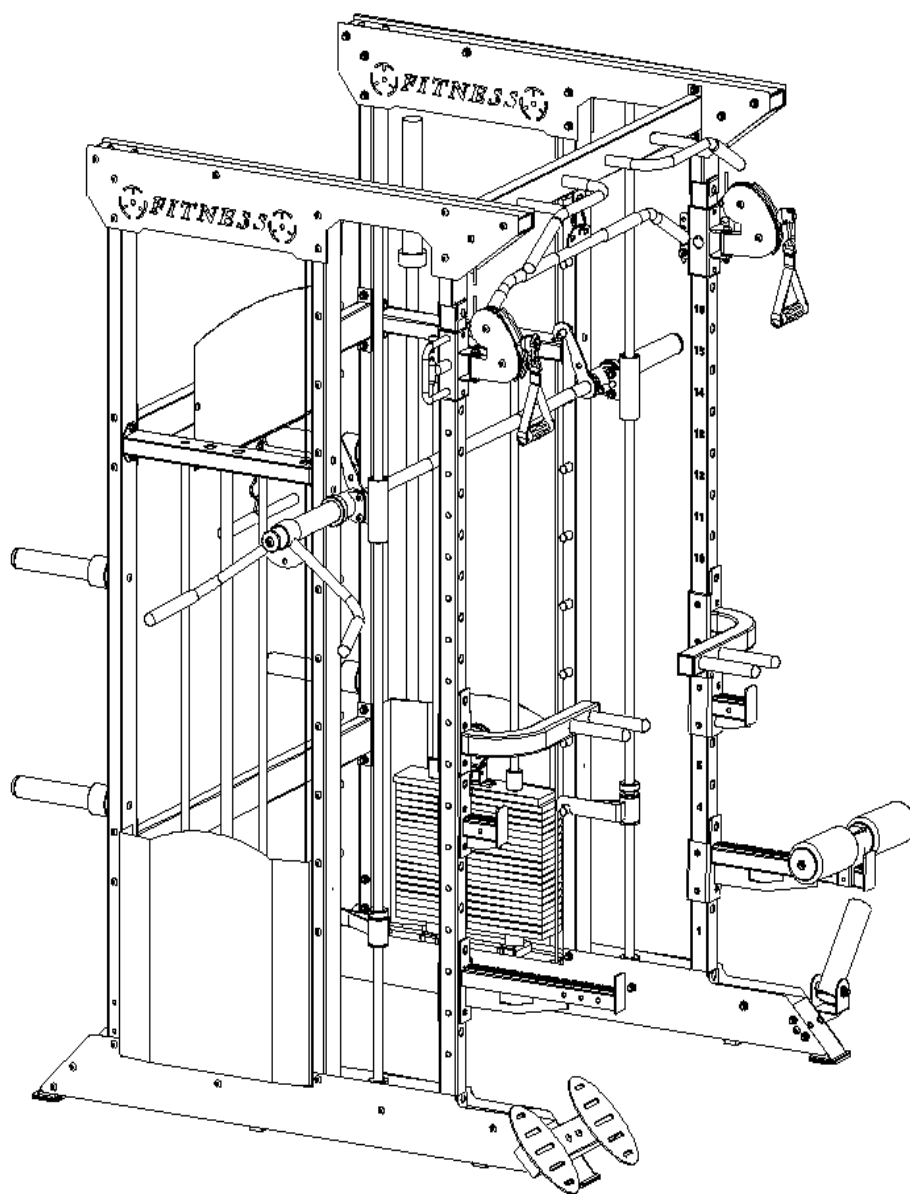
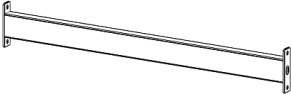
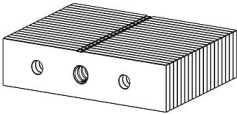
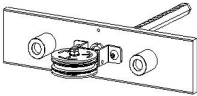
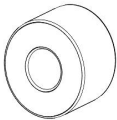
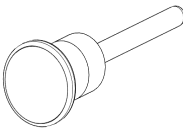
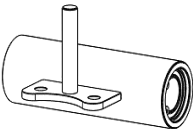
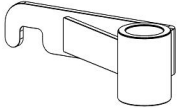


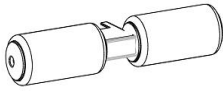
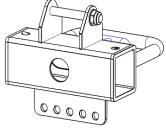
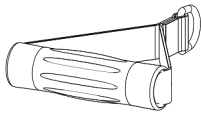
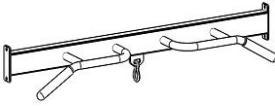
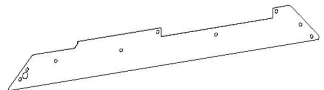
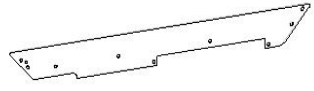
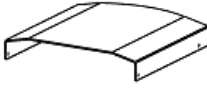
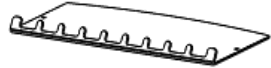
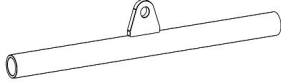
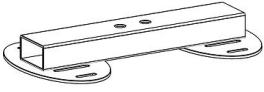
Q1001 Multi-Functional Smith Machine

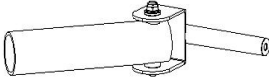
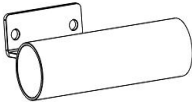
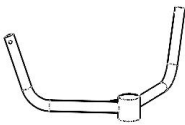
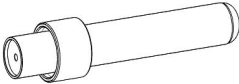
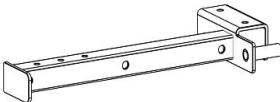
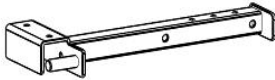
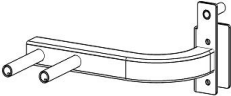
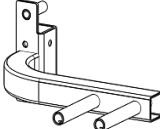
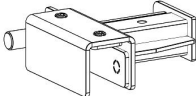
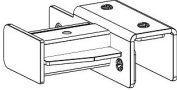
Assembly Instructions



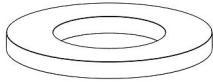
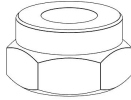
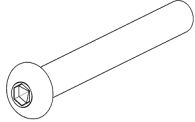
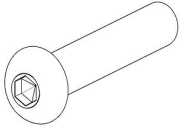
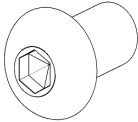
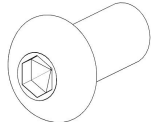
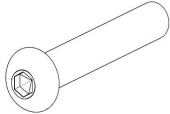
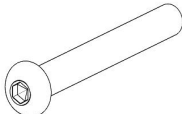
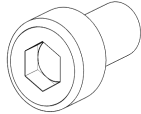
Accessories list (separately packaged)

					
No.1	Q1001-01 Base Welding Assembly *2pcs	No.2	Q1001-02 Rear Riser Assembly *2pcs	No.3	Q1001-06 Connecting component *1pc
					
No.4	Q1001-08 Lower Connection Component *1pc	No.5	Q1001-03 Central column assembly *2pcs	No.6	Q1001-04 Top Component *2pcs
					
No.7	Reconstituted - 100KG *2pcs	No.8	counterweight head piece *2pcs	No.9	Q1001-5012 small door optical axis *4pcs
					
No.10	X60-0611 Rubber Pads *4pcs	No.11	6 Series New Pull-Out *2pcs	No.12	Q1001-05 Optical Axis Fixing Assembly *2pcs
					
No.13	Q1001-5013 Smith optical axis *2pcs	No.14	Q1001-13 optical shaft sleeve welding assembly *2pcs	No.15	Q1001-24 Smith Insurance Set Left *1pc
					
No.16	Q1001-25 Smith Insurance Set Right *1pc	No.17	Q1001-5065 round shock-absorbing pads *4pcs	No.18	Q1001-5002-C Polymer Fixing Block *2pcs

					
No.19	Q1001-29 Hook Tripod Set *1pc	No.20	Q1001-5014-C stainless steel conduit latest version *2pcs	No.21	Q1001-10 sliding sleeve assembly *2pcs
					
No.22	Q1001-11 Flying Bird Pulley Set *2pcs	No.23	Safety hooks *2pcs	No.24	Steel cable head *2pcs
					
No.25	Q1001-5023 low-pull handle (complete set purchased externally) * 2pcs	No.26	Q1001-5018 upper guard plate left *2pcs	No.27	Q1001-5019 upper guard plate right *2pcs
					
No.28	Q1001-07 Upper Crossbeam Assembly *1pc	No.29	Q1001-5016 (bottom left).SLDDRW *2pcs	No.30	Q1001-5017 Lower Protector Right.SLDDRW *2pcs
					
No.31	New recommended combination *1pc	No.32	Q1001-5015 Small Door Protector *2pcs	No.33	Q1001-5020 label plate *1pc
					
No.34	Gourd hooks *2pcs	No.35	Q1001-21 low-pulse welding assembly *1pc	No.36	Q1001-30 low-pull pedal set *1pc

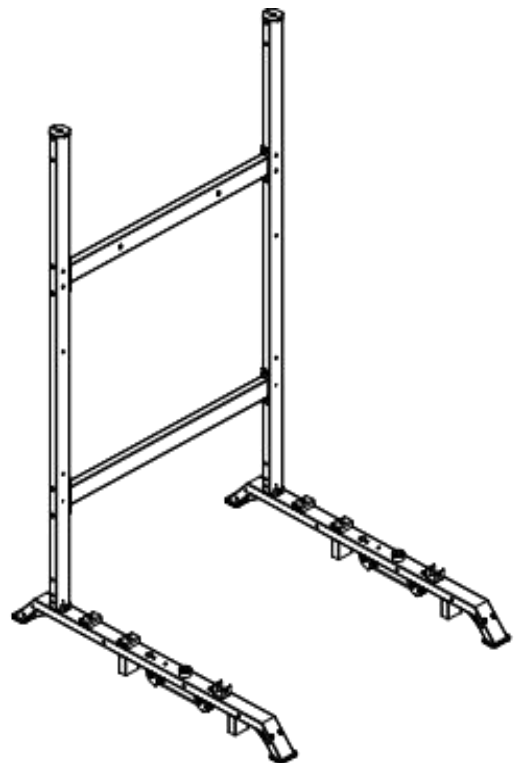
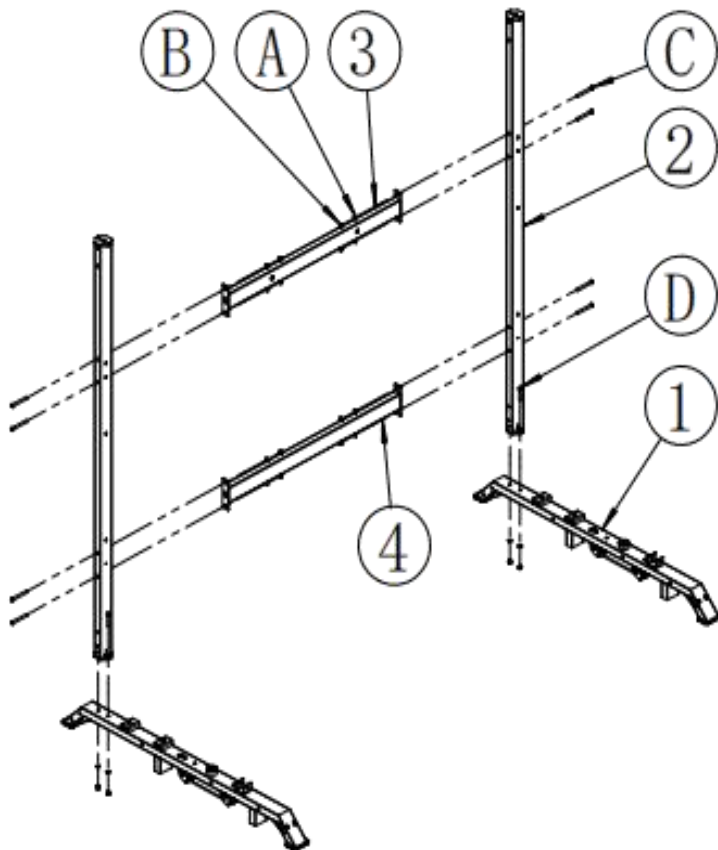
					
No.37	Ground-based artillery set Q1001 Smith multi-functional trainer *1pc	No.38	Q1001-23 Olympic rod support set *1pc	No.39	Q1001-22 high-strength welding assembly *1pc
					
No.40	1001-5025 Olympic wedge, 2.2 meters *1pc	No.41	Q1001-20 pull-out welding assembly *1pc	No.42	Q1001-31 push rod welding assembly *1pc
					
No.43	6061-0300B Barbell Bar Welding *4pcs	No.44	Q1001-16 Fuse Welding Assembly Left *1pc	No.45	Q1001-17 Fuse Welding Assembly Right *1pc
					
No.46	Q1001-18-F Double-bar Welding Assembly Left *1pc	No.47	Q1001-19-F Dual-bar Welding Assembly Right *1pc	No.48	Q1001-14 hook welding assembly, left *1pc
					
No.49	Q1001-15 hook welding assembly, right *1pc				

Blister screw list

					
A	Φ10 flat washers *74pcs	B	M10 anti-loosening nuts *74pcs	C	M10X100 flat head screws *12pcs
					
D	M10X60 flat head screws *18pcs	E	M10X20 flat head screws* *17pcs	F	M10X25 flat head screws *8pcs
					
G	M10X70 flat head screws *4pcs	H	M10X95 flat head screws *36pcs	J	M5X10 Cylindrical Head *8pcs

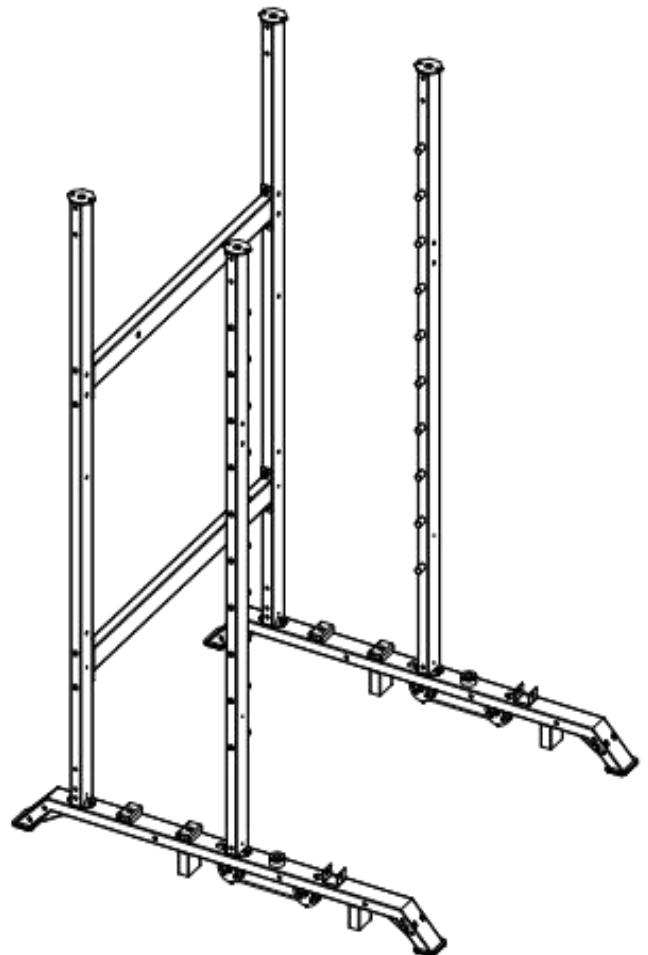
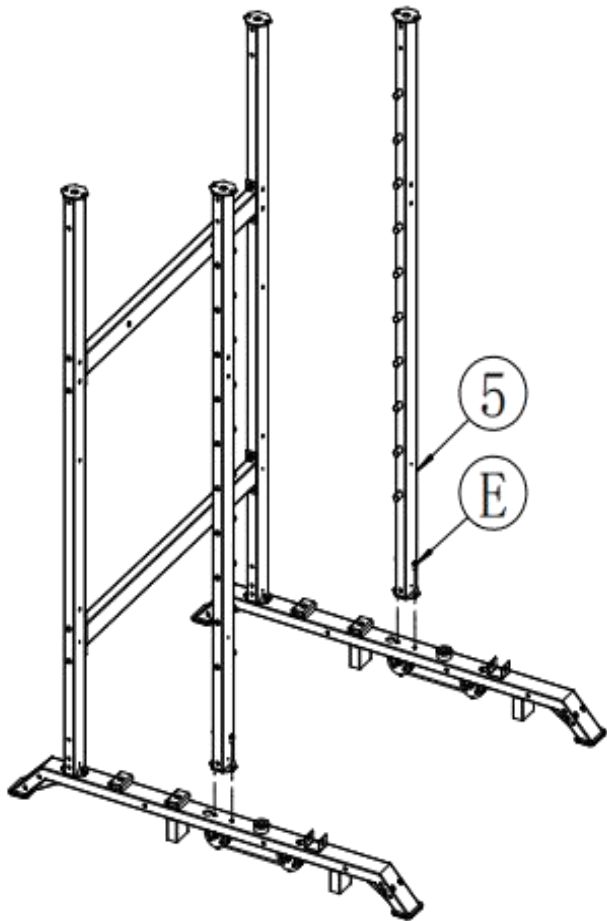
Assembly steps

Step	Item NO	Name	Qty
1	1	Q1001-01 Base Welding Assembly	2
	2	Q1001-02 Rear Riser Assembly	2
	3	Connecting components in Q1001-06	1
	4	Q1001-08 Lower Connection Component	1
	C	M10X100 flat head screw	8
	A	Φ10 flat washer	12
	B	M10 locknut	12
	D	M10X60 flat head screw	4



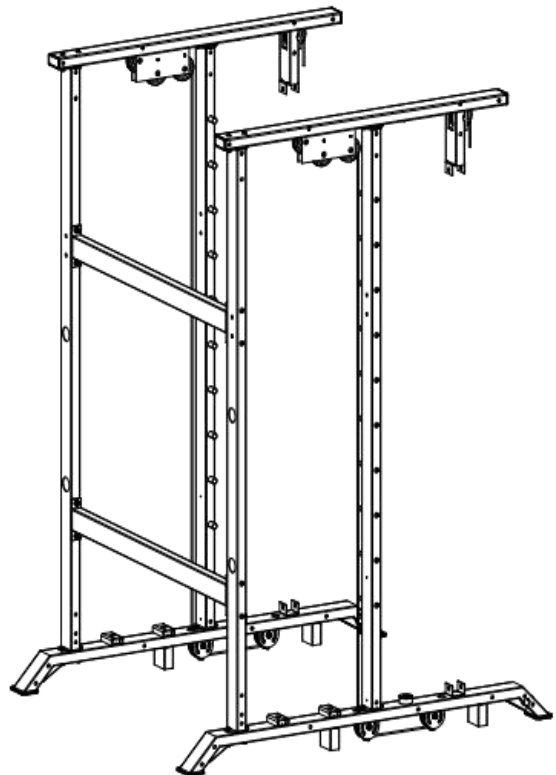
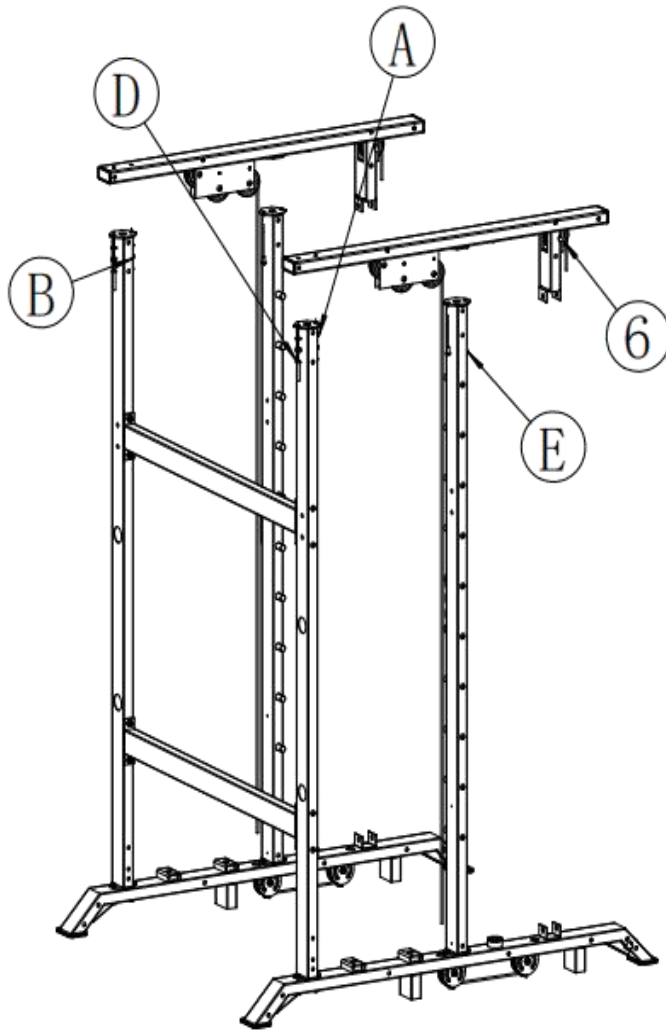
Assembly steps

Step	Item NO	Name	Qty
2	5	Q1001-03 Center Column Assembly	2
	E	M10X20 flat head screw	4



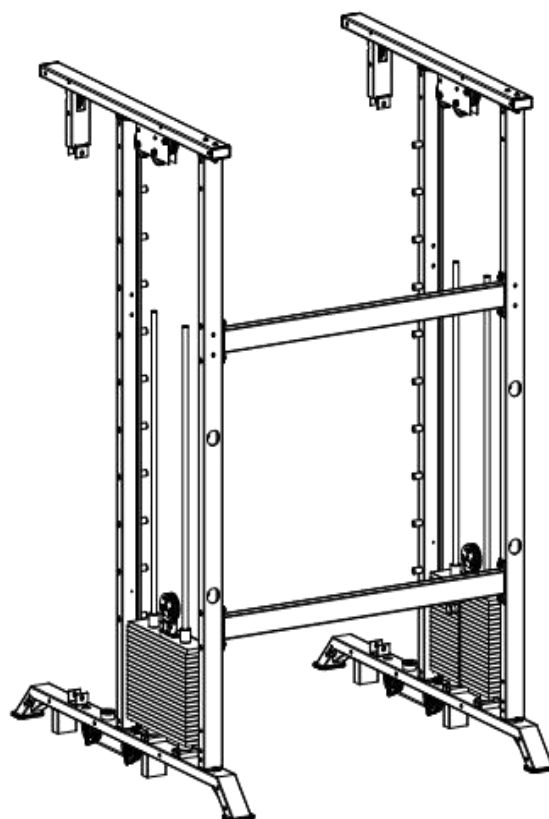
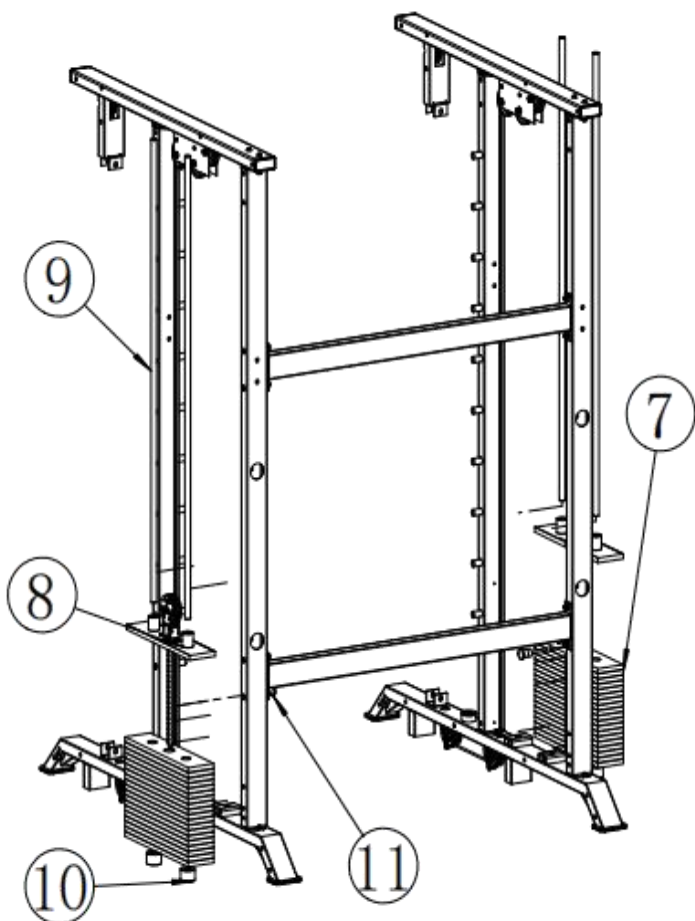
Assembly steps

Step	Item NO	Name	Qty
3	E	M10X20 flat head screw	4
	6	Q1001-04 Top Component	2
	D	M10X60 flat head screw	4
	A	Φ10 flat washer	4
	B	M10 locknut	4



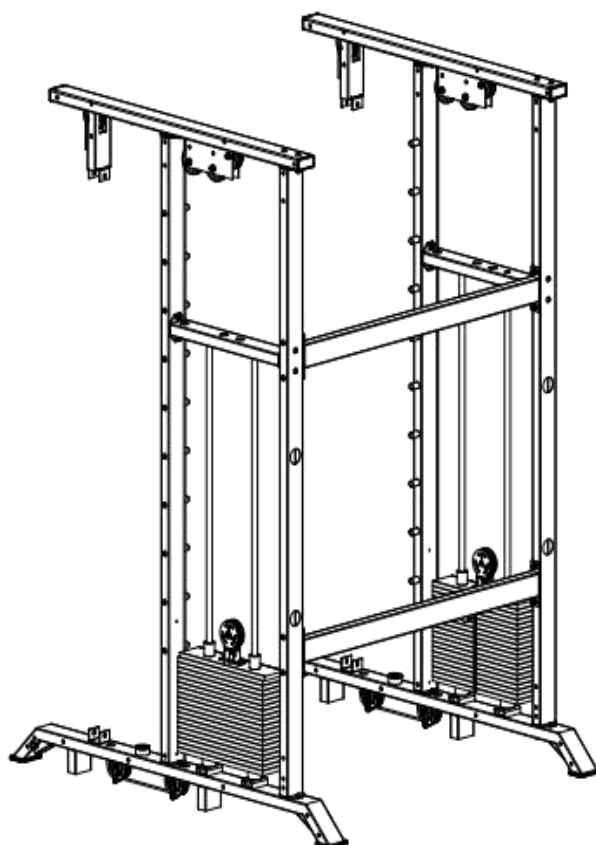
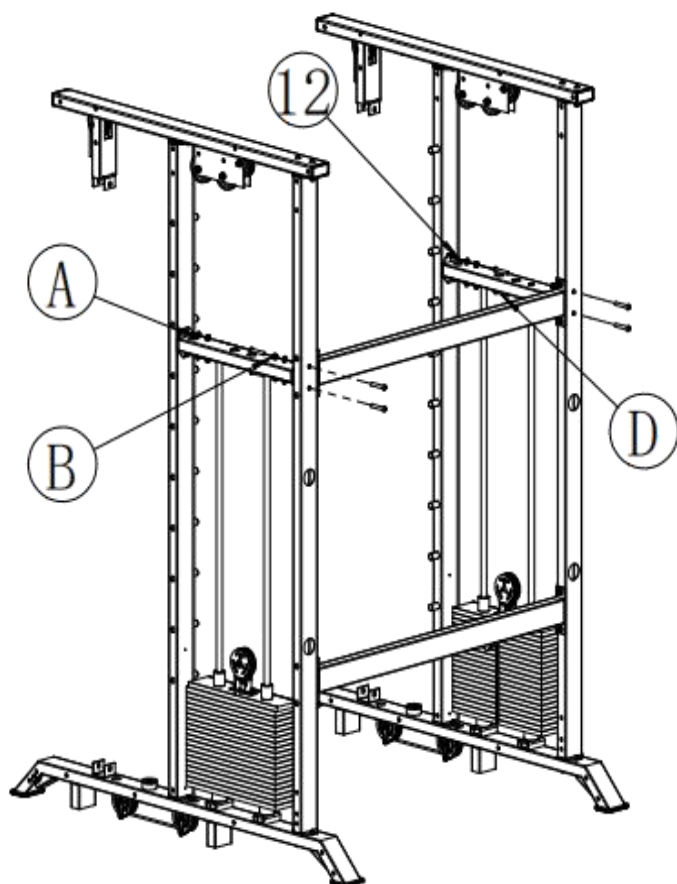
Assembly steps

Step	Item NO	Name	Qty
4	7	Recombination weight - 100KG	2
	8	counterweight head piece	2
	9	Q1001-5012 Small Door Optical Axis	4
	10	X60-0611 Rubber Pad	4
	11	6 Series New Sales	2



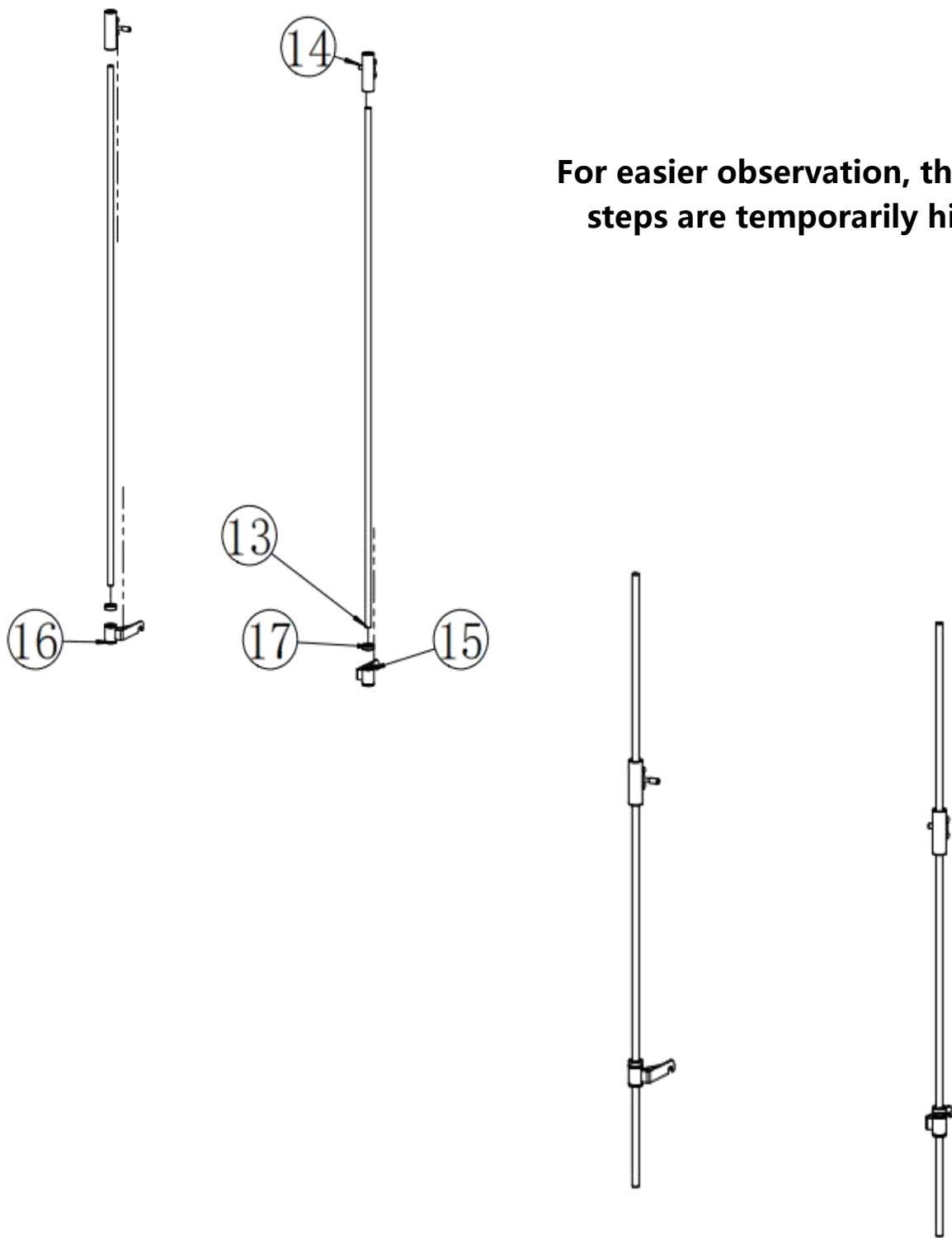
Assembly steps

Step	Item NO	Name	Qty
5	12	Q1001-05 Optical Axis Fixing Assembly	2
	D	M10X60 flat head screw	8
	A	Φ10 flat washer	8
	B	M10 locknut	8



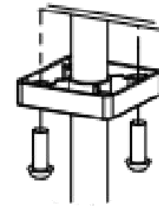
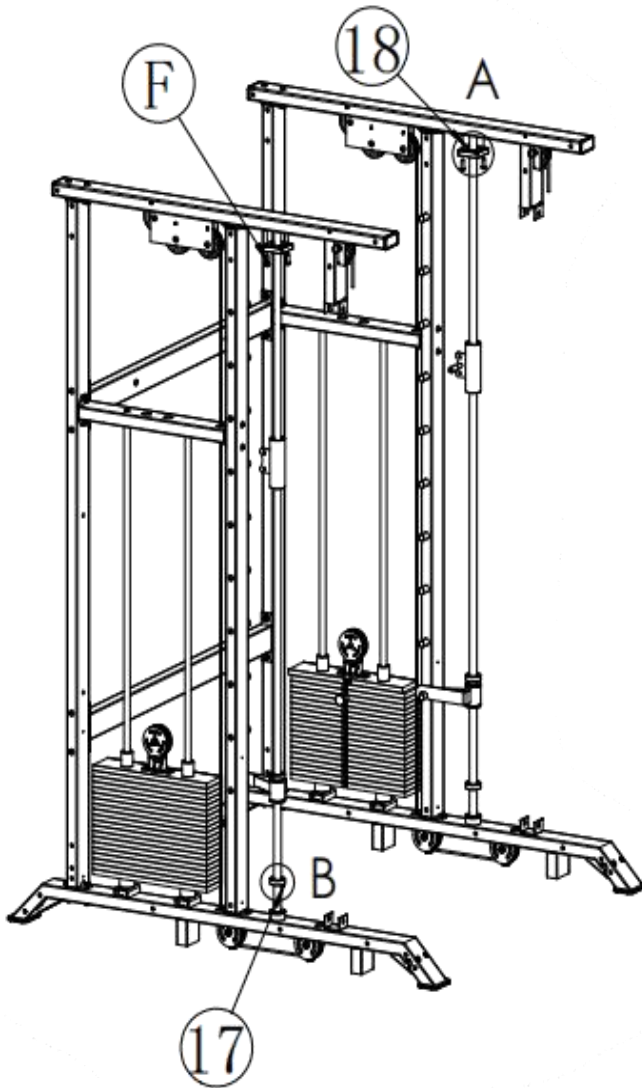
Assembly steps

Step	Item NO	Name	Qty
6	13	Q1001-5013 Smith Optical Axis	2
	14	Q1001-13 Optical Shaft Sleeve Welding Assembly	2
	15	Q1001-24 Smith Insurance Group Left	1
	16	Q1001-25 Smith Insurance Group (Right)	1
	17	Q1001-5065 Round Shock Absorbing Pad	2



Assembly steps

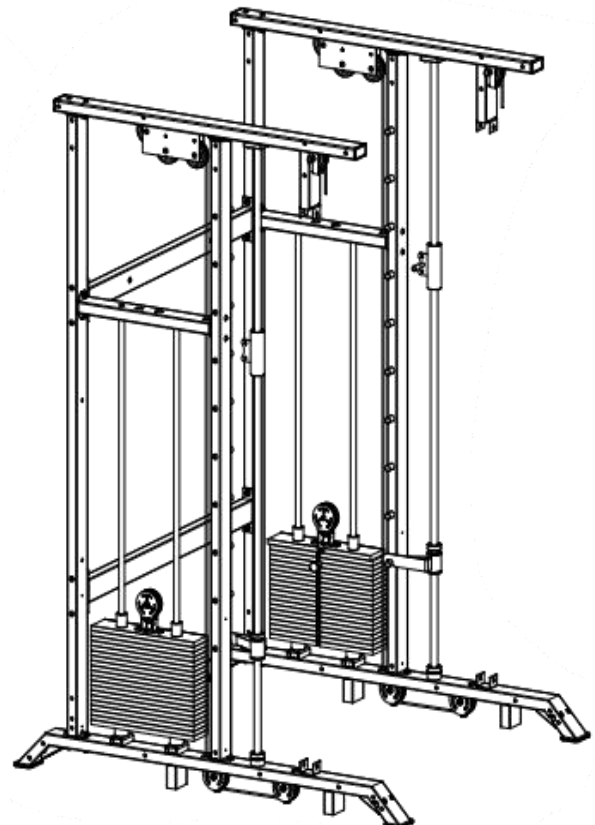
Step	Item NO	Name	Qty
7	F	M10X25 flat head screw	4
	18	Q1001-5002-C Polymer Fixing Block	2
	17	Q1001-5065 Round Shock Absorbing Pad	2



Detail View A
Scale 1:5

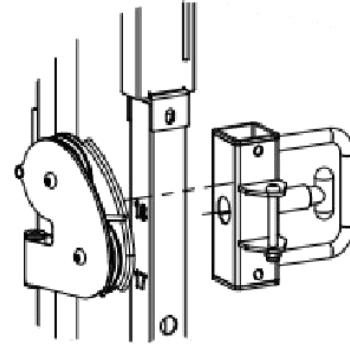
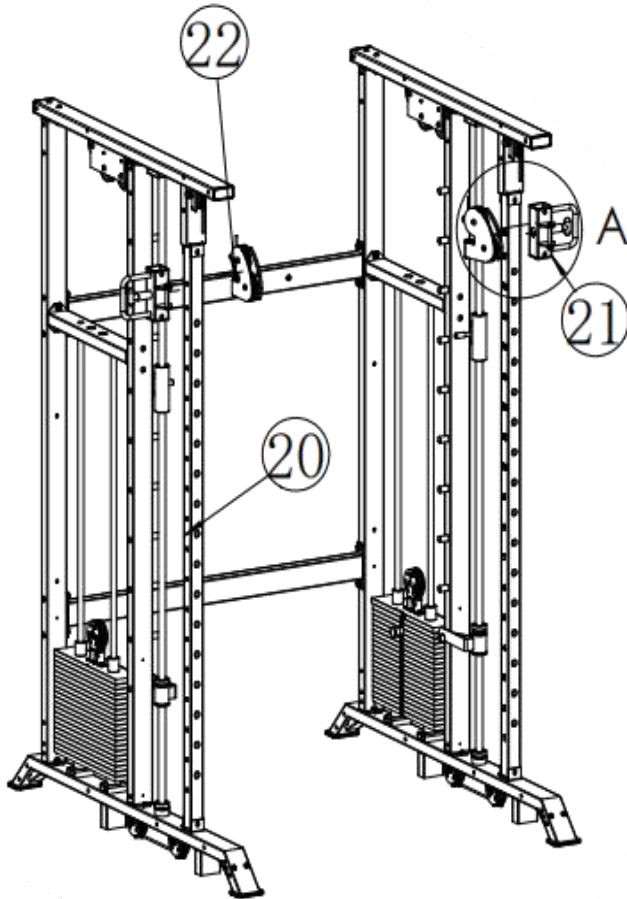


Detail View B
Scale 1:5

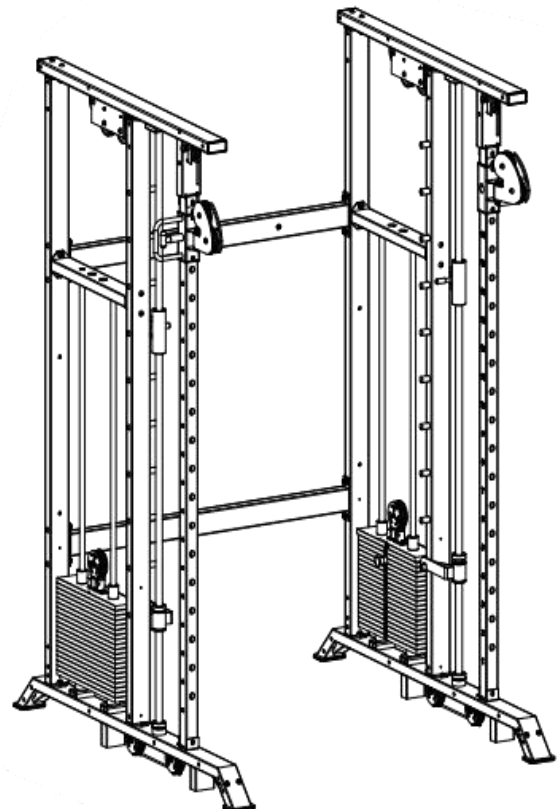


Assembly steps

Step	Item NO	Name	Qty
8	20	Q1001-5014-C Stainless Steel Conduit (Latest Version)	2
	21	Q1001-10 Sliding Sleeve Assembly	2
	22	Q1001-11 Flying Bird Pulley System	2

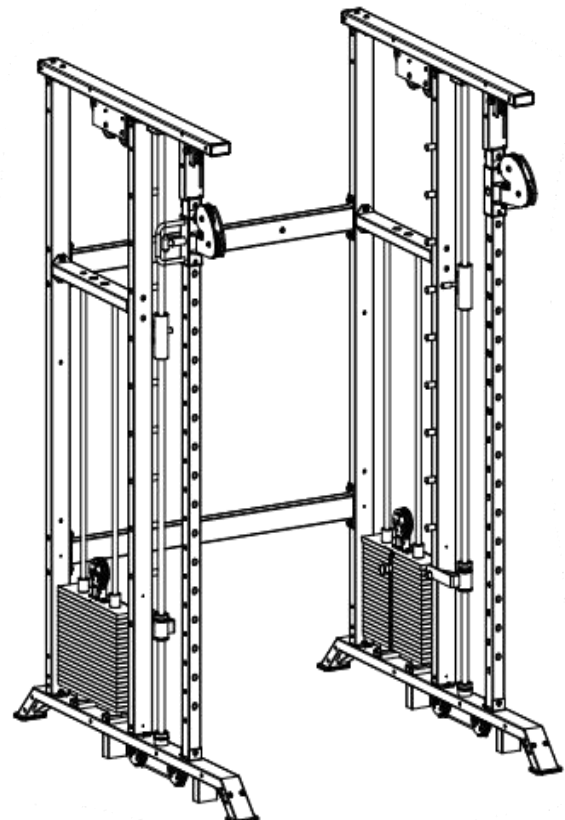
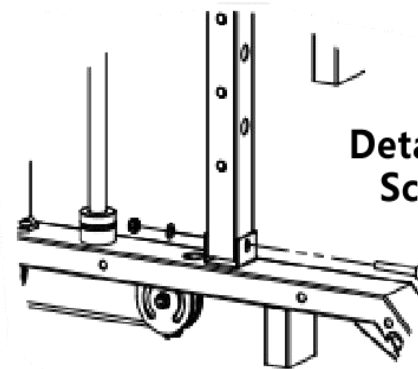
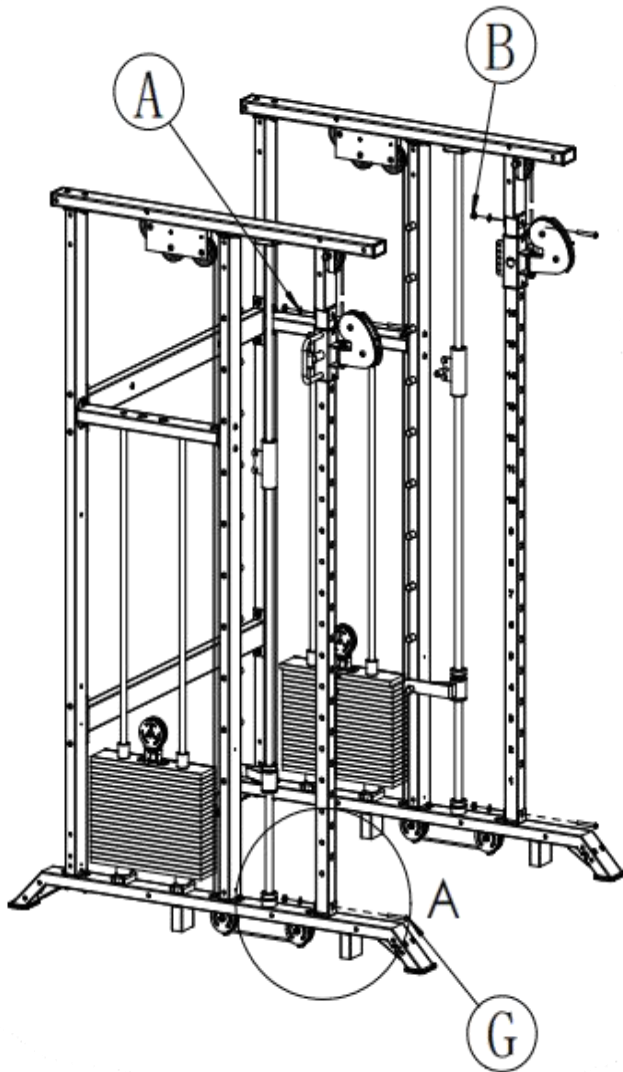


Detail View A
Scale 1:10



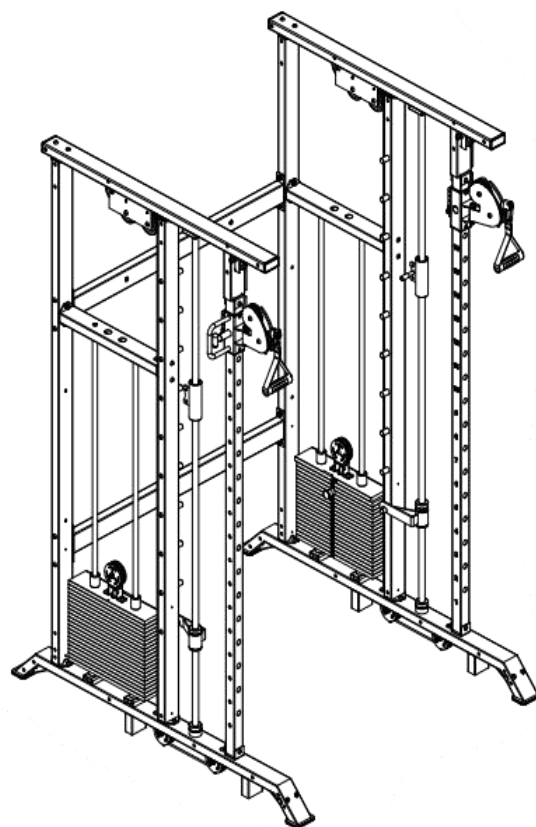
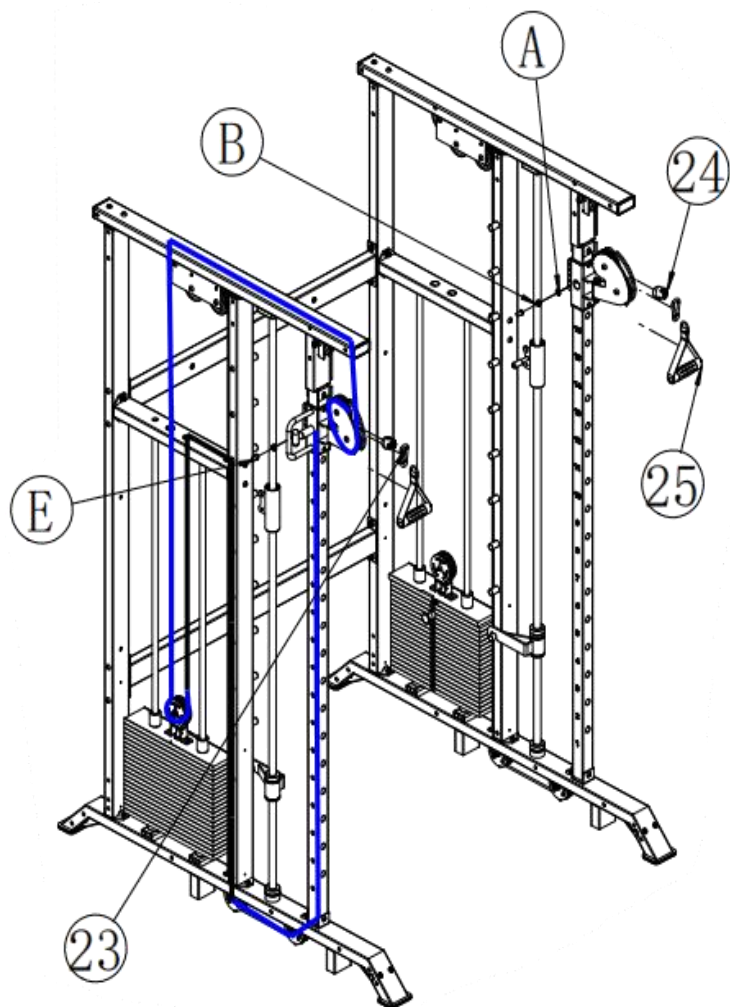
Assembly steps

Step	Item NO	Name	Qty
9	G	M10X70 flat head screw	4
	A	Φ10 flat washer	4
	B	M10 locknut	4



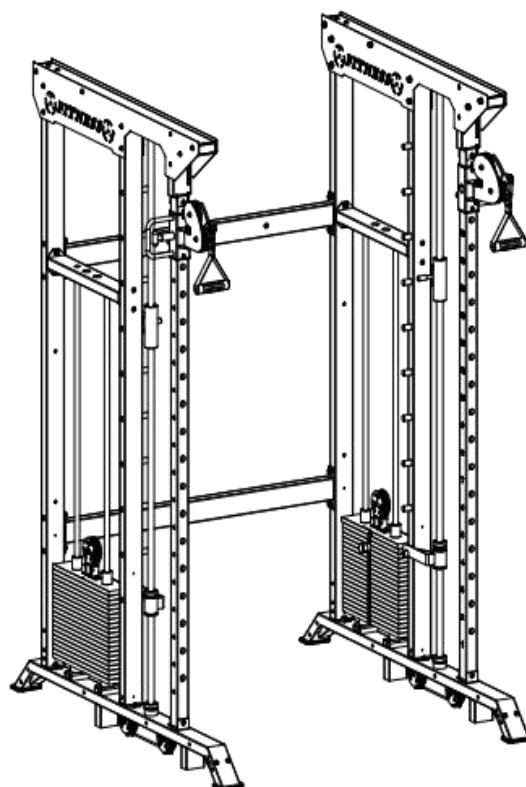
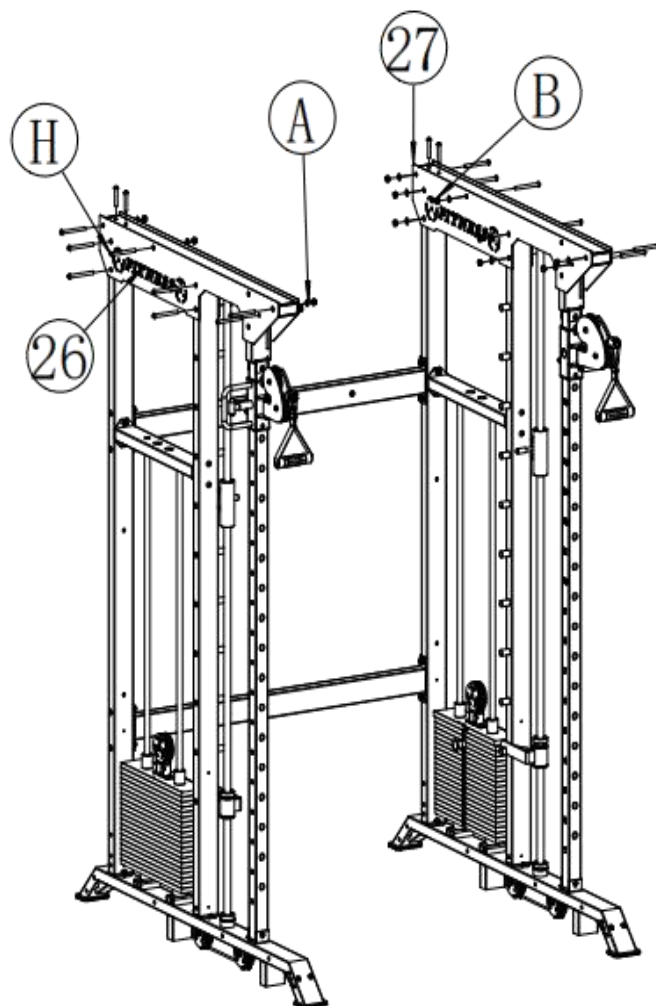
Assembly steps

Step	Item NO	Name	Qty
10	23	Safety hook	2
	24	steel cable head	2
	25	Q1001-5023 Low-Pull Handle (Complete set purchased externally)	2
	E	M10X20 flat head screw	2
	A	Φ10 flat washer	2
	B	M10 locknut	2



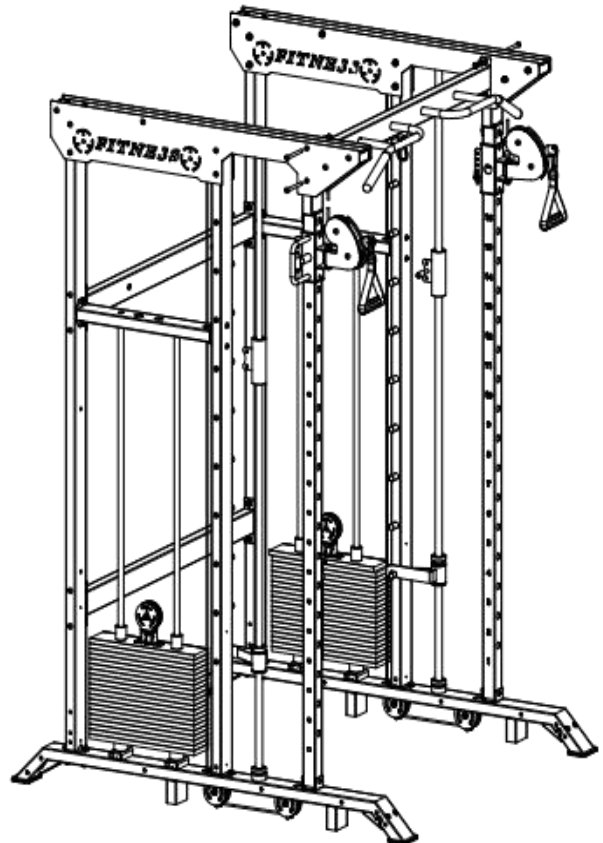
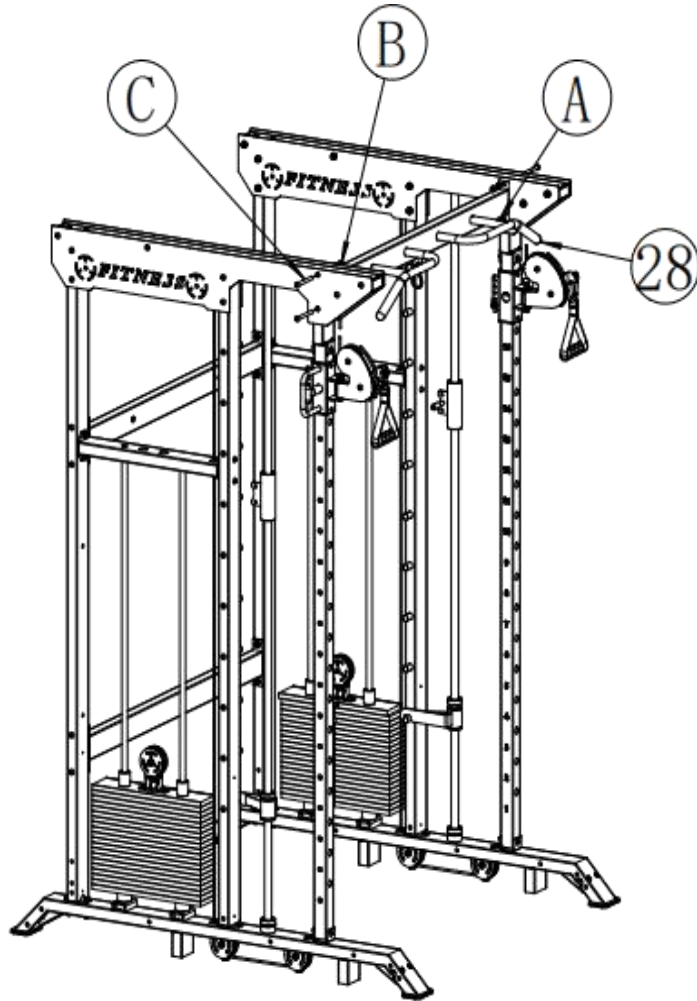
Assembly steps

Step	Item NO	Name	Qty
11	26	Q1001-5018 upper guard plate left	2
	27	Q1001-5019 upper guard plate right	2
	H	M10X95 flat head screw	16
	A	Φ10 flat washer	16
	B	M10 locknut	16



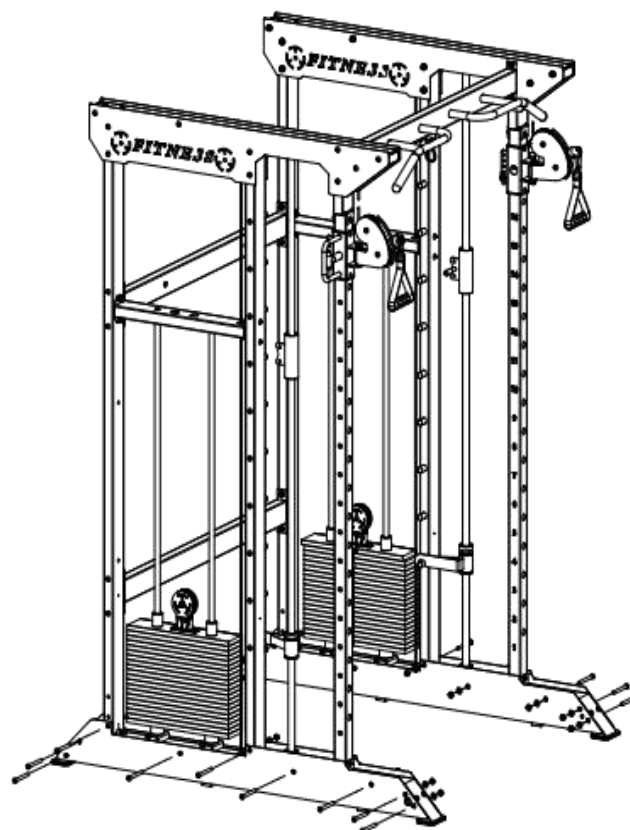
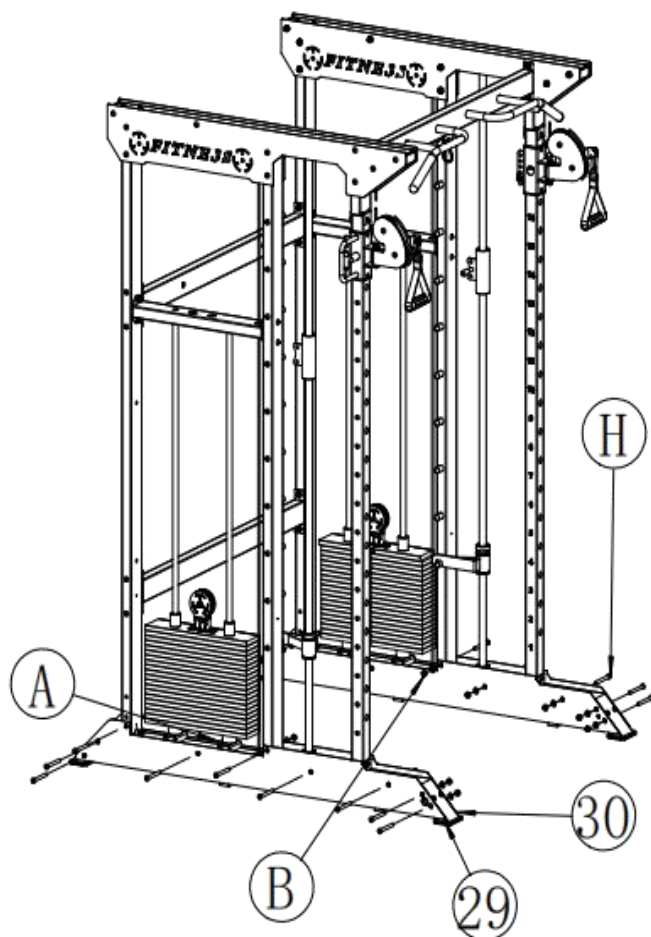
Assembly steps

Step	Item NO	Name	Qty
12	28	Q1001-07 Upper Crossbeam Assembly	1
	C	M10X100 flat head screw	4
	A	Φ10 flat washer	4
	B	M10 locknut	4



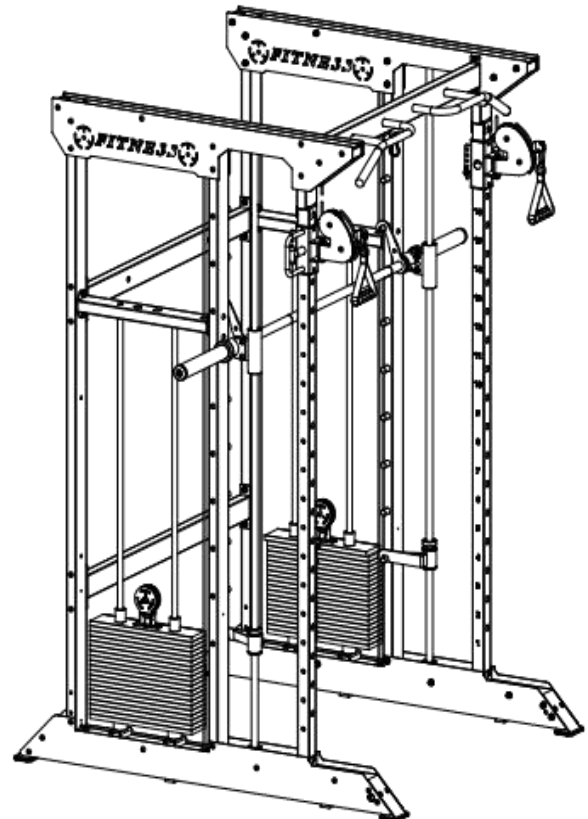
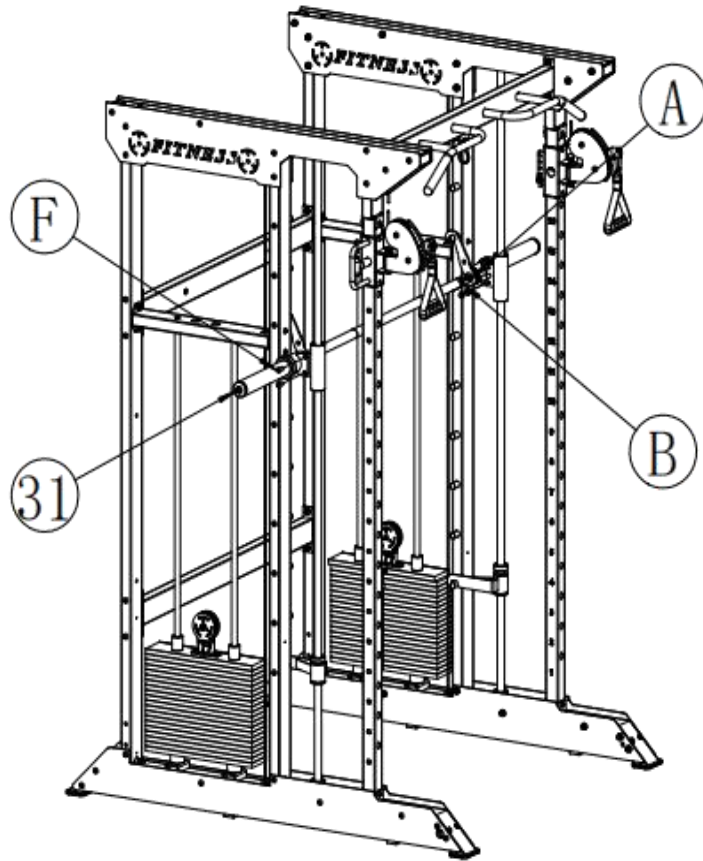
Assembly steps

Step	Item NO	Name	Qty
13	29	Q1001-5016 lower guard plate left.SLDDRW	2
	30	Q1001-5017 lower guard plate right.SLDDRW	2
	H	M10X95 flat head screw	18
	A	Φ10 flat washer	18
	B	M10 locknut	18



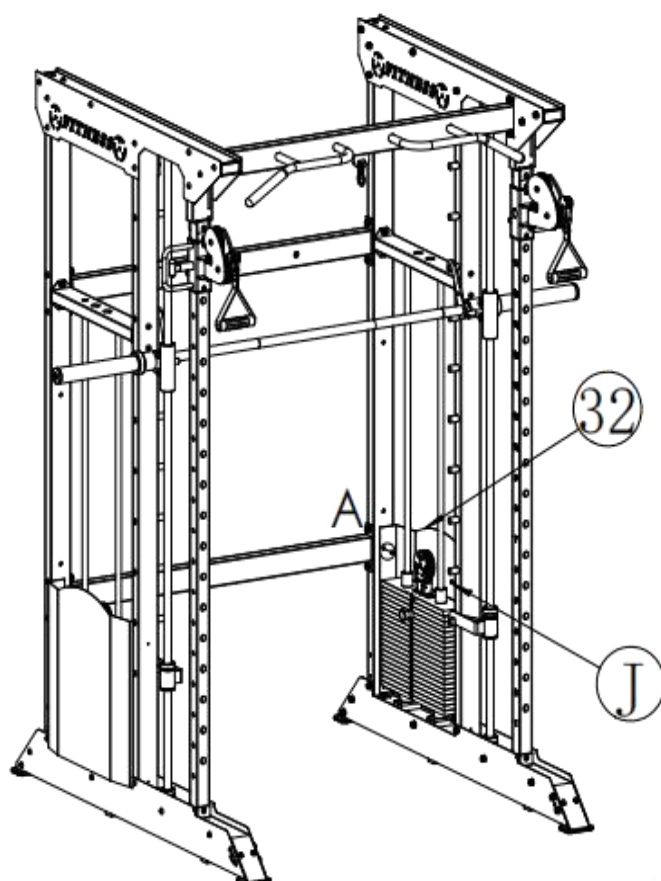
Assembly steps

Step	Item NO	Name	Qty
14	F	M10X25 flat head screw	4
	A	Φ10 flat washer	4
	B	M10 locknut	4
	31	Newly nominated combination	1

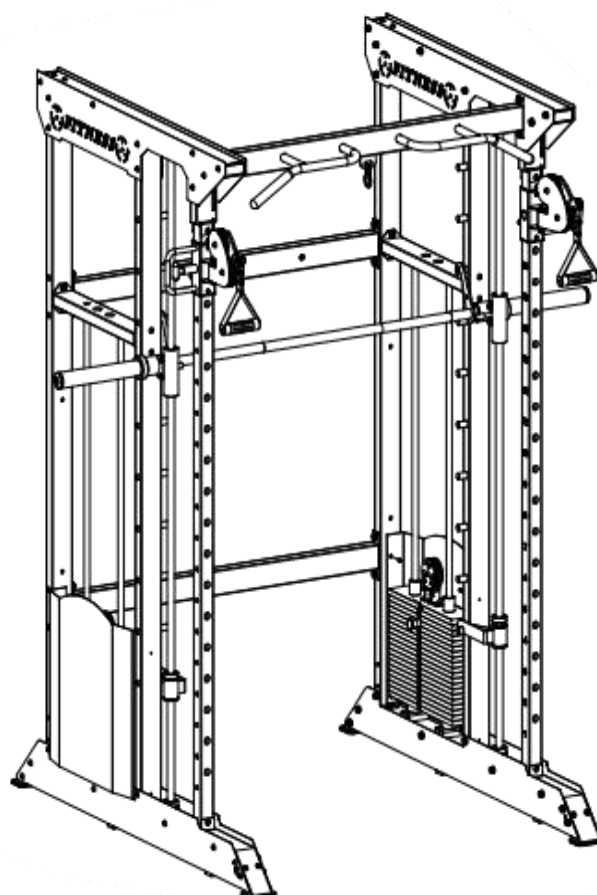
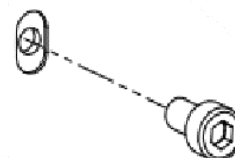


Assembly steps

Step	Item NO	Name	Qty
15	32	Q1001-5015 Small door guard plate	2
	J	M5X10 cylindrical head	8

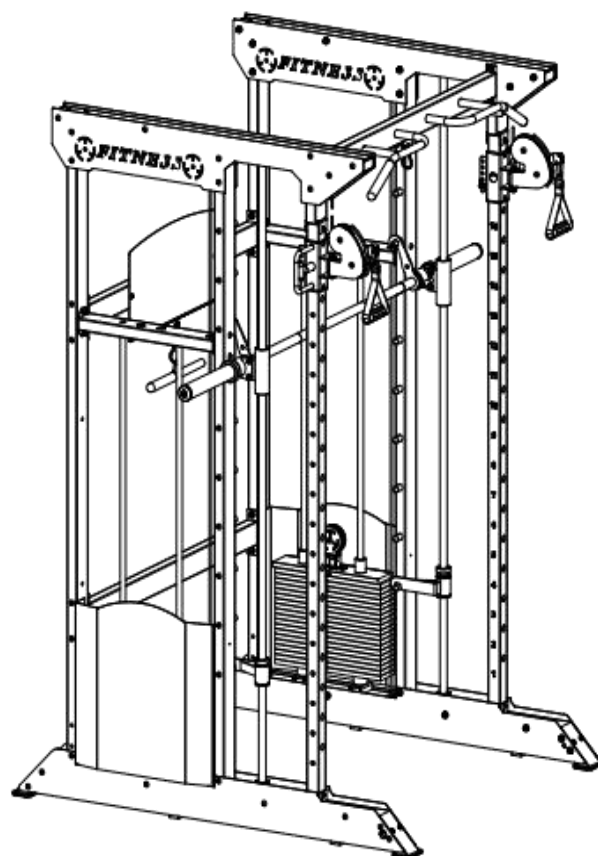
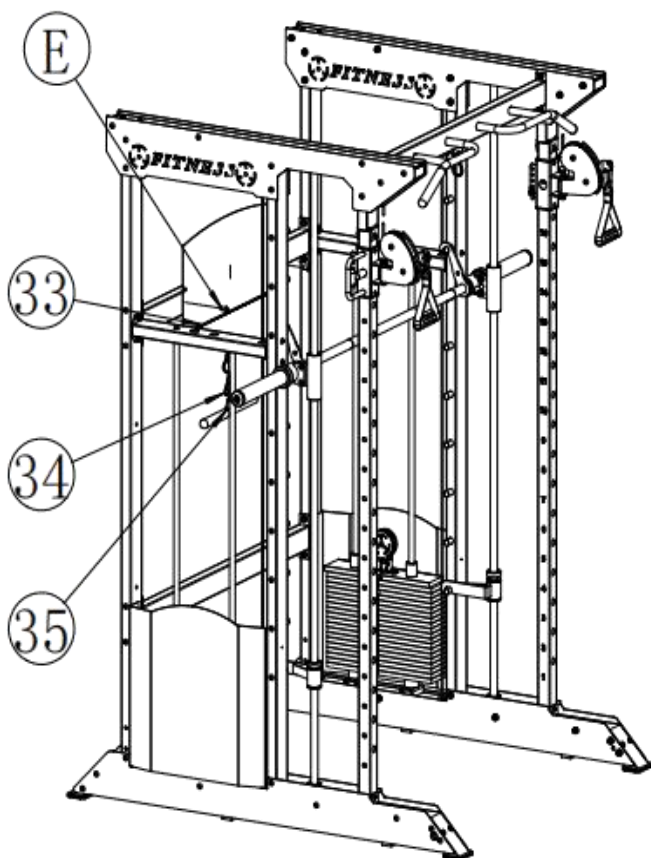


Detail View A
Scale 1:1



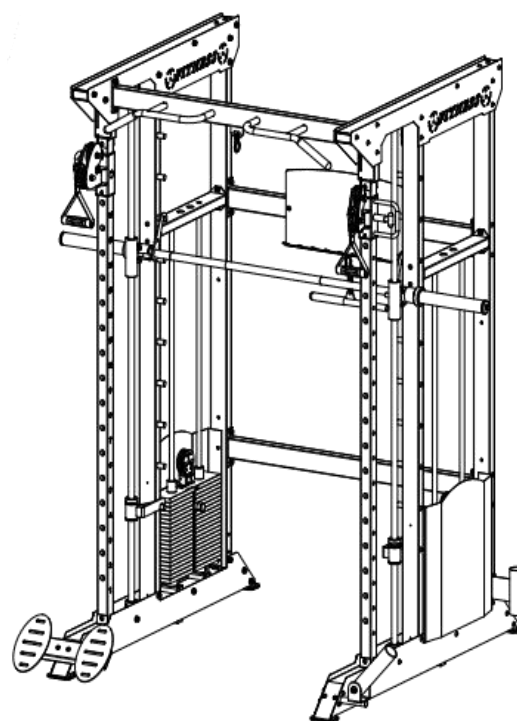
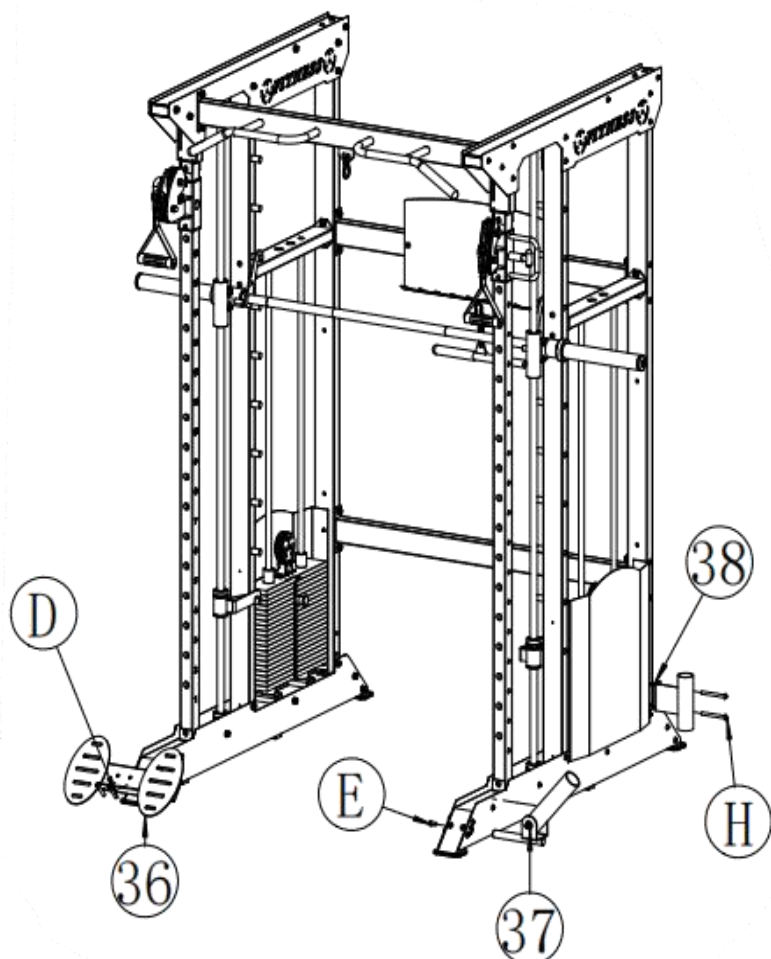
Assembly steps

Step	Item NO	Name	Qty
16	33	Q1001-5020 Label Board	1
	34	gourd hook	2
	35	Q1001-21 Low-tension welding group	1
	E	M10X20 flat head screw	2



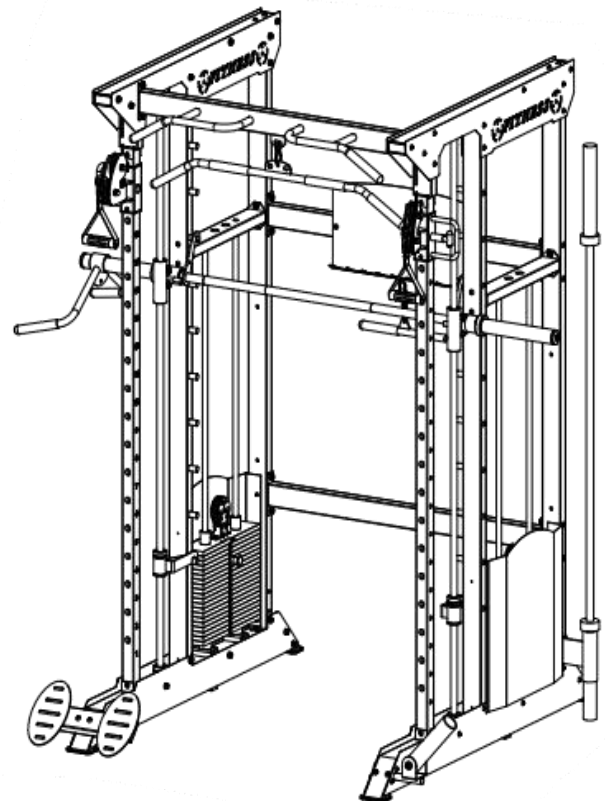
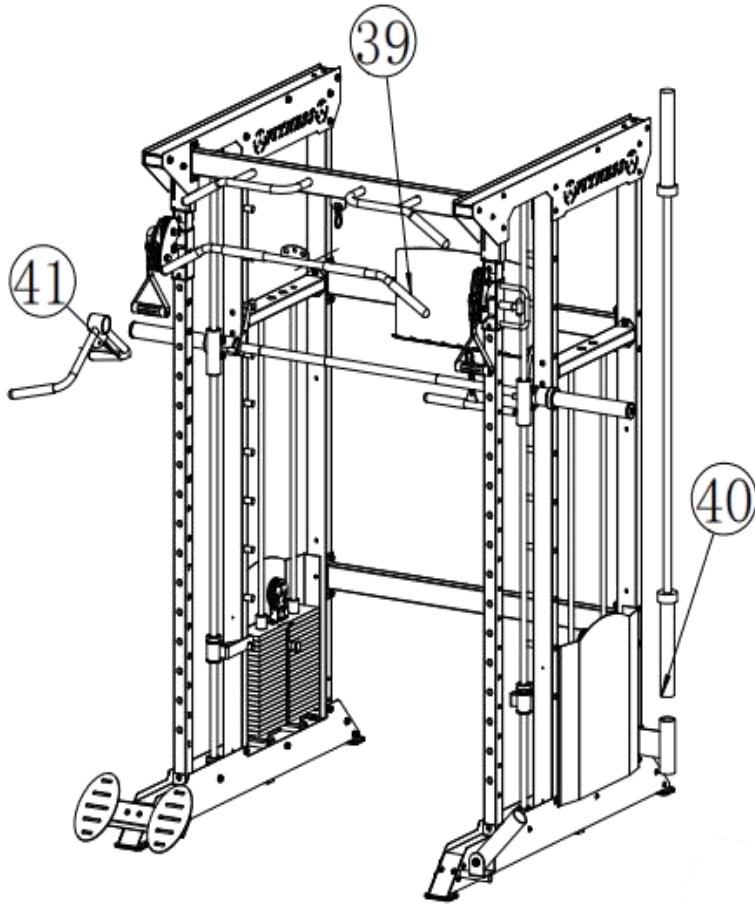
Assembly steps

Step	Item NO	Name	Qty
17	36	Q1001-30 Low-Pulse Pedal Set	1
	37	Ground-based artillery unit Q1001 Smith multi-functional trainer	1
	38	Q1001-23 Olympic Rod Support Set	1
	E	M10X20 flat head screw	1
	D	M10X60 flat head screw	2
	H	M10X95 flat head screw	2
	A	Φ10 flat washer	2
	B	M10 locknut	2



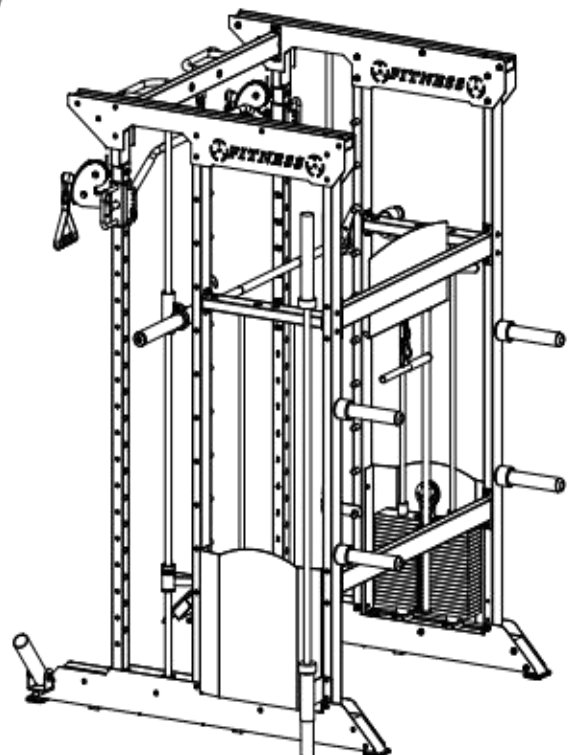
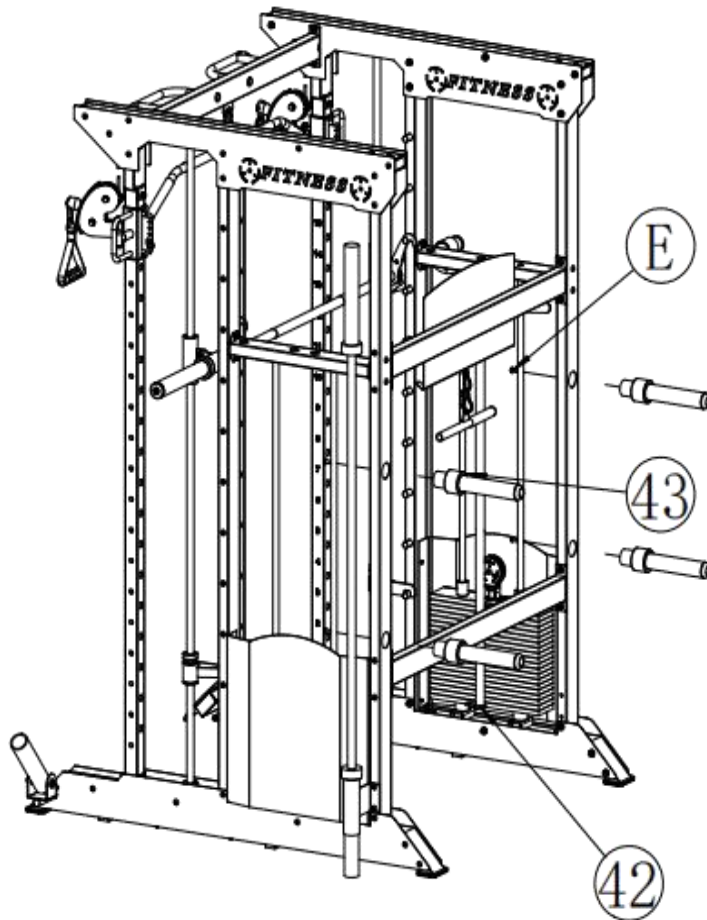
Assembly steps

Step	Item NO	Name	Qty
18	39	Q1001-22 High-Temperature Welding Assembly	1
	40	1001-5025 Olympic Club 2.2m	1
	41	Q1001-20 pull-out welding assembly	1



Assembly steps

Step	Item NO	Name	Qty
19	42	Q1001-31 push rod welding assembly	1
	43	6061-0300B Barbell Bar Welding	4
	E	M10X20 flat head screw	4



Assembly steps

Step	Item NO	Name	Qty
20	44	Q1001-16 Welding Assembly Left	1
	45	Q1001-17 Fuse Welding Assembly (Right)	1
	46	Q1001-18-F Double-bar Welding Group Left	1
	47	Q1001-19-F Dual-bar Welding Assembly (Right)	1
	48	Q1001-14 Hook Welding Assembly Left	1
	49	Q1001-15 hook welding assembly right	1
	19	Q1001-29 Hook Tripod Set	1

